

# Reader's Services for Sunday 26<sup>th</sup> March 2023

## Fourth Sunday of Great Lent

### Leavetaking of the Annunciation

### Synaxis of the Archangel Gabriel

#### THE HOURS

##### TROPARIA AND KONTAKION AT THE THIRD HOUR

**Troparia:** Resurrection; Glory ... Annunciation; Both now ... From the Horologion

**Kontakion:** Archangel Gabriel

##### TROPARIA AND KONTAKION AT THE SIXTH HOUR

**Troparia:** Resurrection; Glory ... Archangel Gabriel; Both now ... From the Horologion

**Kontakion:** Annunciation

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#### THE TYPIKA / OBEDNITSA

**Reader:** Through the prayers of our Holy Fathers, Lord Jesus Christ our God, have mercy upon us, and save us. Amen.

*In place of the GREAT LITANY, the choir sings:*

Lord, have mercy. (x 12)

#### FIRST ANTIPHON

##### Psalm 102

Bless the Lord, O my soul:/ Blessed art Thou, O Lord.

Bless the Lord, O my soul:/ and all that is within me, bless His holy Name.

Bless the Lord, O my soul:/ and forget not all His benefits:

Who forgiveth all thine iniquities,/ Who healeth all thy diseases.

The Lord is merciful and gracious,/ slow to anger and plenteous in mercy.

Bless the Lord, O my soul:/ and all that is within me, bless His holy Name.//

Blessed art Thou, O Lord.

*In place of the LITTLE LITANY, the choir sings:*

Lord, have mercy. Lord, have mercy. Lord, have mercy.

#### SECOND ANTIPHON

##### Psalm 145

Glory be to the Father, and to the Son, and to the Holy Spirit.

Praise the Lord, O my soul./ While I live will I praise the Lord;/ I will sing praises unto my God while I have any being.

Put not your trust in princes, nor in any sons of men/ in whom there is no help.

His breath goeth forth, he returneth to his earth:/ in that very day his thoughts perish.

The Lord shall reign forever:// even thy God, O Zion, unto all generations.

Both now and ever and unto the ages of ages. Amen.

O only-begotten Son and Word of God. O Thou Who art Immortal, yet for our salvation didst deign to be incarnate of the holy Mother of God and Ever-Virgin Mary; and without change wast made man; Who also wast crucified for us; and by death didst overcome death: save us, O Christ, our God; one Person of the Holy Trinity, glorified together with the Father and the Holy Spirit.

*In place of the LITTLE LITANY, the choir sings:*

Lord, have mercy. Lord, have mercy. Lord, have mercy.

### **THIRD ANTIPHON**

#### **The Beatitudes**

In Thy Kingdom remember us, O Lord,/ when Thou comest in Thy Kingdom.

Blessed are the poor in spirit:/ for theirs is the Kingdom of Heaven.

Blessed are they that mourn:/ for they shall be comforted.

Blessed are the meek:/ for they shall inherit the earth.

Blessed are they which do hunger and thirst after righteousness:/ for they shall be filled.

Blessed are the merciful:/ for they shall obtain mercy.

Blessed are the pure in heart:/ for they shall see God.

Blessed are the peacemakers:/ for they shall be called the children of God.

Blessed are they which are persecuted for righteousness' sake:/ for theirs is the Kingdom of Heaven.

Blessed are ye when men shall revile you and persecute you,/ and shall say all manner of evil against you falsely, for my sake.

Rejoice and be exceeding glad://

for great is your reward in Heaven.

#### **ENTRANCE HYMN**

O come, let us worship and fall down before Christ. O Son of God, Who art risen from the dead, save us who sing to Thee: Alleluia, alleluia, alleluia!

#### **TROPARIA**

##### **Troparion of the Resurrection in Tone 8**

[Music on website / Green Book page 16]

Thou didst descend from on high, O Merciful One!

Thou didst accept the three day burial to free us from our sufferings!//

O Lord, our Life and Resurrection, glory to Thee!

##### **Troparion of the Annunciation in Tone 4**

[Music on website / White Book page 105]

Today is the beginning of our salvation,  
the revelation of the eternal mystery!

The Son of God becomes the Son of the Virgin  
as Gabriel announces the coming of Grace.

Together with him let us cry to the Theotokos:

“Rejoice, O Full of Grace,//

the Lord is with thee!”

##### **Troparion of the Archangel Gabriel in Tone 4**

[Music on website / Sheet]

Gabriel, Commander of the heavenly hosts,  
we who are unworthy beseech thee:

by thy prayers encompass us beneath the wings of thine immaterial glory,  
and faithfully preserve us who fall down and cry to thee://

“Deliver us from all harm, for thou art the Commander of the Powers on high!”

**Reader:** Through the prayers of our Holy Fathers, Lord Jesus Christ our God, have mercy upon us, and save us. Amen.

#### **THE TRISAGION**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit,  
both now and ever and unto ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

## PROKEIMENA

**Reader:** The Prokeimenon in the Eighth Tone.

**Reader:** Pray and make your vows before the Lord our God!

**Choir:** Pray and make your vows before the Lord our God!

**Reader:** In Judah God is known; His name is great in Israel!

**Choir:** Pray and make your vows before the Lord our God!

**Reader:** And in the Fourth Tone.

**Reader:** From day to day proclaim the salvation of our God!

**Choir:** From day to day proclaim the salvation of our God!

## THE EPISTLE

**Reader:** The Reading from the Epistle of the Holy Apostle Paul to the Hebrews.

*The Epistle is intoned as usual.*

Ye Brethren: When God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek. [Hebrews 6:13-20]

Ye Brethren: He who sanctifies and those who are sanctified have all one origin. That is why he is not ashamed to call them brethren, saying, "I will proclaim thy name to my brethren, in the midst of the congregation I will praise thee." And again, "I will put my trust in him." And again, "Here am I, and the children God has given me." Since therefore the children share in flesh and blood, he himself likewise partook of the same nature, that through death he might destroy him who has the power of death, that is, the devil, and deliver all those who through fear of death were subject to lifelong bondage. For surely it is not with angels that he is concerned but with the descendants of Abraham. Therefore he had to be made like his brethren in every respect, so that he might become a merciful and faithful high priest in the service of God, to make expiation for the sins of the people. For because he himself has suffered and been tempted, he is able to help those who are tempted. [Hebrews 2:11-18]

## ALLELUIA

**Reader:** *(Intoned)* Alleluia, Alleluia, Alleluia.

**Reader:** Come, let us rejoice in the Lord! Let us make a joyful noise to God our Saviour!

**Choir:** Alleluia, alleluia, alleluia!

**Reader:** Let us come before His face with thanksgiving; let us make a joyful noise to Him with songs of praise!

**Choir:** Alleluia, alleluia, alleluia!

**Reader:** He descends like rain upon the fleece, like raindrops that water the earth.

**Choir:** Alleluia, alleluia, alleluia!

## THE GOSPEL

**Reader:** The Reading from the Holy Gospel according to Mark.

**Choir:** Glory be to Thee, O Lord, glory be to Thee.

*The Gospel is read in a normal speaking voice.*

At that time, a man came to Jesus, kneeling and saying unto him, "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him,

immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when Jesus had entered the house, his disciples asked him privately, "Why could we not cast it out?" And Jesus said to them, "This kind cannot be driven out by anything but prayer and fasting." They went out from there and passed through Galilee. And Jesus would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and after he is killed, he will rise on the third day." [Mark 9:17-31]

In those days: Elizabeth the wife of Zacharias conceived and for five months she hid herself, saying, "Thus the Lord had done to me in the days when he looked on me, to take away my reproach among men." In the sixth month the angel Gabriel was sent from God to a city of Galilee named Nazareth, to a virgin betrothed to a man whose name was Joseph, of the house of David; and the virgin's name was Mary. And he came to her and said, "Hail, O favoured one, the Lord is with you!" But she was greatly troubled at the saying, and considered in her mind what sort of greeting this might be. And the angel said to her, "Do not be afraid, Mary, for you have found favour with God. And behold, you will conceive in your womb and bear a son, and you shall call his name Jesus. He will be great, and will be called the Son of the Most High; and the Lord God will give to him the throne of his father David, and he will reign over the house of Jacob for ever; and of his kingdom there will be no end." And Mary said to the angel, "How shall this be, since I have no husband?" And the angel said to her, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be called holy, the Son of God. And behold, your kinswoman Elizabeth in her old age has also conceived a son; and this is the sixth month with her who was called barren. For with God nothing will be impossible." And Mary said, "Behold, I am the handmaid of the Lord; let it be to me according to your word." And the angel departed from her. [Luke 1:24-38]

**Choir:** Glory be to Thee, O Lord, glory be to Thee.

*In place of the AUGMENTED LITANY, the Choir sings:*  
Lord, have mercy. (x 9)

### **PRAYER TO THE LORD OF HOSTS**

**Reader:** Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

Remember us, O Lord, when Thou comest into Thy Kingdom. *(Reverence)*

Remember us, O Master, when Thou comest into Thy Kingdom. *(Reverence)*

Remember us, O Holy One, when Thou comest into Thy Kingdom. *(Reverence)*

The heavenly choir sings to Thee, and cries: Holy, Holy, Holy, Lord God of Hosts; heaven and earth are full of Thy glory.

Come unto Him and be enlightened, and your faces shall not be ashamed.

The heavenly choir sings to Thee, and cries: Holy, Holy, Holy, Lord God of Hosts; heaven and earth are full of Thy glory.

Glory to the Father, and to the Son, and to the Holy Spirit.

The choir of holy Angels and Archangels, with all the Powers of heaven, sing Thy praises and do cry: Holy, Holy, Holy, Lord God of Hosts; heaven and earth are full of Thy glory.

Both now and ever and unto ages of ages. Amen.

## **THE CREED (SYMBOL OF FAITH)**

I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible.

And in one Lord, Jesus Christ, the only-begotten Son of God, begotten of the Father before all worlds, Light of Light, very God of very God, begotten, not made; of one substance with the Father, by Whom all things were made.

Who for us men and for our salvation came down from heaven, and was incarnate of the Holy Ghost and the Virgin Mary, and was made man. And was crucified also for us under Pontius Pilate, He suffered and was buried. And the third day He rose again, according to the Scriptures; and ascended into heaven, and sitteth at the right hand of the Father. And He shall come again with glory to judge the quick and the dead, Whose kingdom shall have no end.

And in the Holy Ghost, the Lord, the Giver of Life, Who proceedeth from the Father; Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. In One Holy Catholic and Apostolic Church.

I acknowledge one Baptism for the remission of sins.

And I look for the Resurrection of the dead, and the life of the world to come. Amen.

## **PRAYER OF FORGIVENESS**

**Reader:** O God, remit, pardon and forgive our sins, whether voluntary or involuntary, whether by words or deeds, whether in knowledge or ignorance, whether by day or night, whether in mind or thought; forgive us all these, for Thou art good and lovest mankind.

## **THE LORD'S PRAYER**

Our Father, who art in heaven,  
hallowed be Thy name, Thy Kingdom come.  
Thy will be done, on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from the evil one.

**Reader:** Through the prayers of our Holy Fathers, Lord Jesus Christ our God, have mercy upon us, and save us. Amen.

## **KONTAKIA**

### **Kontakion of the Resurrection in Tone 8**

[Music on website / Green Book page 16]

By rising from the tomb, Thou didst raise the dead and resurrect Adam.  
Eve exults in Thy Resurrection, //  
and the world celebrates Thy rising from the dead, O greatly Merciful One!

Glory to the Father, and to the Son, and to the Holy Spirit.

### **Kontakion of the Archangel Gabriel in Tone 8**

[Music on website / Sheet]

Supreme Commander Gabriel, thou art the glorious intercessor and servant  
before the all-radiant, worthy, all-powerful, infinite and awesome Trinity.  
Ever pray now that we may be delivered from all tribulations and torments, //  
so that we may cry out to thee: "Rejoice, protection of thy servants!"

Both now and ever and unto ages of ages. Amen.

### **Kontakion of the Annunciation in Tone 8**

[Music on website / Sheet]

To thee, the Champion Leader,  
we thy flock dedicate  
a feast of victory and of thanksgiving,  
as ones rescued out of sufferings, O Theotokos;  
but as thou art one with might which is invincible  
from all dangers that can be do thou deliver us,  
that we may cry to thee: "Rejoice, thou Bride unwedded."

**Reader:** Lord, have mercy. (x 12)

**Reader:** All-holy Trinity, Mighty one in essence, Kingdom undivided, origin of all good things, be graciously inclined also to me, a sinner. Establish me; give understanding to my heart, and purge away all my vileness. Enlighten my mind, that I may glorify, sing praises, and adore Thee, and say:

**Choir:** One is Holy,/ One is Lord,/ Jesus Christ,/ to the glory of God the Father. Amen.

**Choir:** Blessed be the Name of the Lord, from this time forth and for evermore. (x 3)

**Reader:** Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

### **PSALM 33**

**Reader:** I will bless the Lord at all times; his praise shall continually be in my mouth. My soul makes its boast in the Lord; let the afflicted hear and be glad. O magnify the Lord with me, and let us exalt His name together. I sought the Lord, and he answered me, and delivered me from all my fears. Look to Him, and be radiant; so your faces shall never be ashamed. This poor man cried, and the Lord heard him, and saved him out of all his troubles. The angel of the Lord encamps around those who fear Him, and delivers them. O taste and see that the Lord is good! Happy is the man who takes refuge in Him! O fear the Lord, you His saints, for those who fear Him have no want. The young lions suffer want and hunger; but those who seek the Lord lack no good thing. Come, O sons, listen to me, I will teach you the fear of the Lord. What man is there who desires life, and covets many days, that he may enjoy good? Keep your tongue from evil, and your lips from speaking deceit. Depart from evil, and do good; seek peace, and pursue it. The eyes of the Lord are toward the righteous, and his ears toward their cry. The face of the Lord is against evildoers, to cut off the remembrance of them from the earth. When the righteous cry for help, the Lord hears, and delivers them out of all their troubles. The Lord is near to the broken-hearted, and saves the crushed in spirit. Many are the afflictions of the righteous; but the Lord delivers him out of them all. He kept all his bones; not one of them is broken. Evil shall slay the wicked; and those who hate the righteous will be condemned. The Lord redeems the life of his servants; none of those who take refuge in Him will be condemned.

### **THE ZADOSTOYNIK**

Receive, O earth, the glad tidings of great joy.  
Praise, O heavens, the glory of God.  
As thou art a living Temple of God,  
let no impure hand touch thee, O Theotokos!  
But let the lips of all believers sing,  
Constantly magnifying thee in joy  
with the angelic salutation:  
Truly thou art above all creatures, O Pure One!

[[Music on website / White Book page 111](#)]

### **THE DISMISSAL**

**Reader:** Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen. Lord, have mercy. Lord, have mercy. Lord, have mercy. Bless, O Lord.

**Reader:** Lord Jesus Christ, Who for our salvation rose again from the dead; through the intercessions of Thy most pure Mother, whose Annunciation we celebrate; by the power of the honourable and life-giving Cross; by the protection of the Holy Archangel Gabriel, and of all honourable bodiless powers of heaven; at the supplications of our Holy, Venerable and God-bearing Fathers; of our Father among the Saints, Chad, Bishop of Lichfield, Patron and Protector of our Community; of the Holy and Righteous Ancestors of Christ, Joachim and Anna; and of all the Saints, have mercy upon us and save us. Amen.

**Reader:** Through the prayers of our Holy Fathers, Lord Jesus Christ our God, have mercy upon us, and save us. Amen.