

Hymns and Readings for Sunday 29th January 2023

33rd Sunday after Pentecost

Sunday of the Canaanite Woman

Translation of the Relics of the Holy Hieromartyr Ignatius the God-bearer

THE HOURS

TROPARIA AND KONTAKION AT BOTH HOURS

Troparia: Resurrection; Glory ... Saint Ignatius; Both now ... From the Horologion

Kontakion: Resurrection

THE DIVINE LITURGY

TYPICAL PSALMS AND BEATITUDES

ENTRANCE HYMN

O come, let us worship and fall down before Christ. O Son of God, Who art risen from the dead, save us who sing to Thee: Alleluia, alleluia, alleluia!

TROPARIA & KONTAKIA

Troparion of the Resurrection in Tone 8

[Music on website / Green Book page16]

Thou didst descend from on high, O Merciful One!

Thou didst accept the three-day burial to free us from our sufferings!//

O Lord, our Life and Resurrection, glory to Thee!

Troparion of Saint Chad in Tone 2

[Music in Folder]

As a Bishop thou gavest thyself

to preaching the truth and the purity of the Church.

Thou didst shine forth as an example of humility and holiness;
studying the Scriptures, thou tookest care to follow the Word.

Pray for thy children, O Holy Father Chad,

that we too may follow Christ,//

and be found worthy to partake of the nature of God.

Troparion of Saint Ignatius in Tone 4

[Music on website / Sheet]

By sharing in the ways of the Apostles,

thou didst become a successor to their throne.

Through the practice of virtue, thou didst find the way to divine contemplation, O inspired one of God;
by teaching the word of truth without error, thou didst defend the Faith, even to the shedding of thy
blood.//

Hieromartyr Ignatius, entreat Christ God to save our souls!

Kontakion of the Resurrection in Tone 8

[Music on website / Green Book page16]

By rising from the tomb, Thou didst raise the dead and resurrect Adam.

Eve exults in Thy Resurrection,//

and the world celebrates Thy rising from the dead, O greatly Merciful One

Kontakion of Saint Chad in Tone 2

[Music in Folder]

When thou wast praying to Christ, O venerable Chad
the choir of the angels came to call thee to thy reward.

Then thou wast summoned to share
in the Thrice Holy song with the seraphim.

Pray thou that we may live

as icons of the cherubim//

rejoicing before the Trinity, the Giver of life.

Glory be to the Father, and to the Son, and to the Holy Spirit;

Kontakion of Saint Ignatius in Tone 4

[Music on website / Sheet]

Today thou didst rise from the east,
enlightening all of creation with thy teachings, //
and thou art crowned with martyrdom, God-bearing Ignatius.

Both now and ever and unto ages of ages. Amen.

Steadfast Protectress of Christians in Tone 6

[Music on website / Folder]

Steadfast Protectress of Christians,
Constant advocate before the Creator,
despise not the cry of us sinners,
but in thy goodness
come speedily to help us who call on thee in faith.
Hasten to hear our petition and to intercede for us, O Theotokos, //
for thou dost ever protect those who honour thee.

THE TRISAGION

PROKEIMENA

Reader: The Prokeimenon in the Eighth Tone.

Reader: Pray and make your vows before the Lord, our God!

Choir: Pray and make your vows before the Lord, our God!

Reader: In Judah God is known; His name is great in Israel.

Choir: Pray and make your vows before the Lord, our God!

Reader: And in the Seventh Tone.

Reader: The righteous man shall be glad in the Lord, and shall hope in Him.

Choir: The righteous man shall be glad in the Lord, and shall hope in Him.

EPISTLE

The Reading from the Second Epistle of the Holy Apostle Paul to the Corinthians.

Ye Brethren: you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God. [2 Corinthians 6:16-7:1]

Ye Brethren: Since we have a great High Priest, Who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but One Who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honour upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt Himself to be made a high priest, but was appointed by Him Who said to Him, "Thou art My Son, today I have begotten Thee"; as He says also in another place, "Thou art a priest forever, after the order of Melchizedek." [Hebrews 4:14-5:6]

ALLELUIA

Priest: Peace be to thee that readest, and to all the people.

Reader: And to thy spirit. Alleluia, alleluia, alleluia!

Reader: Come, let us rejoice in the Lord! Let us make a joyful noise to God our Saviour!

Choir: Alleluia, alleluia, alleluia!

Reader: Let us come before His face with thanksgiving; let us make a joyful noise to Him with songs of praise!

Choir: Alleluia, alleluia, alleluia!

Reader: The righteous man shall flourish like a palm-tree, and like a cedar in Lebanon shall he be multiplied.

Choir: Alleluia, alleluia, alleluia!

GOSPEL

The Reading from the Holy Gospel according to Matthew.

At that time, Jesus went to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried, "Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." But he did not answer her a word. And his disciples came and begged him, saying, "Send her away, for she is crying after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." And he answered, "It is not fair to take the children's bread and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their master's table." Then Jesus answered her, "O woman, great is your faith! Be it done for you as you desire." And her daughter was healed instantly. [Matthew 15:21-28]

At that time: Jesus and His disciples came to Capernaum: and when he was in the house he asked them, "What were you discussing on the way?" But they were silent; for on the way they had discussed with one another who was the greatest. And he sat down and called the twelve; and he said to them, "If anyone would be first, he must be last of all and servant of all." And he took a child, and put him in the midst of them; and taking him in his arms, he said to them, "Whoever receives one such child in my name receives me; and whoever receives me, receives not me but him who sent me. John said to him, "Teacher, we saw a man casting out demons in your name, and we forbade him, because he was not following us." But Jesus said, "Do not forbid him; for no one who does a mighty work in my name will be able soon after to speak evil of me. For he that is not against us is for us. For truly, I say to you, whoever gives you a cup of water to drink because you bear the name of Christ, will by no means lose his reward. [Mark 9:33-41]

ZADOSTOYNIK

It is truly meet to bless thee, O Theotokos,
ever blessed and most pure, and the Mother of our God.
More honourable than the Cherubim,
and more glorious beyond compare than the Seraphim:
without defilement thou gavest birth to God the Word:
true Theotokos, we magnify thee!

COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest! The righteous shall be in everlasting remembrance; he shall not fear evil tidings. Alleluia, Alleluia, Alleluia!

AFTER COMMUNION

"We have seen the True Light ..." etc., as usual.