

# Hymns and Readings for Sunday 15<sup>th</sup> January 2023

31<sup>st</sup> Sunday after Pentecost

Our Venerable and God-bearing Fathers, Paul of Thebes and John Kalyvites

## THE HOURS

### TROPARIA AND KONTAKION AT BOTH HOURS

**Troparia:** Resurrection; Glory ... Saints Paul & John; Both now ... From the Horologion

**Kontakion:** Resurrection

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## THE DIVINE LITURGY

### TYPICAL PSALMS AND BEATITUDES

#### ENTRANCE HYMN

O come, let us worship and fall down before Christ. O Son of God, Who art risen from the dead, save us who sing to Thee: Alleluia, alleluia, alleluia!

#### TROPARIA & KONTAKIA

##### **Troparion of the Resurrection in Tone 6**

[Music on website / Green Book page 12]

The Angelic Powers were at Thy tomb;  
the guards became as dead men.  
Mary stood by Thy grave,  
seeking Thy most pure body.  
Thou didst capture hell  
not being tempted by it.  
Thou didst come to the Virgin, granting life.//  
O Lord, Who didst rise from the dead, glory to Thee.

##### **Troparion of Saint Chad in Tone 2**

[Music in Folder]

As a Bishop thou gavest thyself  
to preaching the truth and the purity of the Church.  
Thou didst shine forth as an example of humility and holiness;  
studying the Scriptures, thou tookest care to follow the Word.  
Pray for thy children, O Holy Father Chad,  
that we too may follow Christ,//  
and be found worthy to partake of the nature of God.

##### **Troparion of Saints Paul & John in Tone 4**

[Music on website / Sheet]

O God of our Fathers,  
always act with kindness towards us;  
take not Thy mercy from us,  
but guide our lives in peace//  
through the prayers of the venerable Paul and John!

##### **Kontakion of the Resurrection in Tone 6**

[Music on website / Green Book page 12]

When Christ God the Giver of Life,  
raised all of the dead from the valleys of misery with His mighty hand,  
He bestowed resurrection on the human race.//  
He is the Saviour of all, the Resurrection, the Life, and the God of all.

##### **Kontakion of Saint Chad in Tone 2**

[Music in Folder]

When thou wast praying to Christ, O venerable Chad  
the choir of the angels came to call thee to thy reward.  
Then thou wast summoned to share  
in the Thrice Holy song with the seraphim.  
Pray thou that we may live  
as icons of the cherubim//  
rejoicing before the Trinity, the Giver of life.

### **Kontakion of Saint John in Tone 2**

[Music on website / Sheet]

Longing for poverty in imitation of Christ,  
thou didst abandon thy parents' wealth, O wise Father John;  
grasping the Gospel in thy hands, thou didst follow Christ God, //  
unceasingly praying for us all.

Glory be to the Father, and to the Son, and to the Holy Spirit,

### **Kontakion of Saint Paul in Tone 3**

[Music on website / Sheet]

Today we gather and praise thee with hymns  
as an unwaning ray of the spiritual Sun;  
for thou dost shine on those in the darkness of ignorance,  
leading all mankind to the heights, //  
venerable Paul, adornment of Thebes and firm foundation of the fathers and ascetics.

Both now and ever and unto ages of ages. Amen.

### **Steadfast Protectress of Christians in Tone 6**

[Music on website / Folder]

Steadfast Protectress of Christians,  
Constant advocate before the Creator,  
despise not the cry of us sinners,  
but in thy goodness  
come speedily to help us who call on thee in faith.  
Hasten to hear our petition and to intercede for us, O Theotokos, //  
for thou dost ever protect those who honour thee.

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## **THE TRISAGION**

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### **PROKEIMENON**

**Reader:** The Prokeimenon in the Sixth Tone.

**Reader:** O Lord, save Thy people and bless Thine inheritance.

**Choir:** O Lord, save Thy people and bless Thine inheritance.

**Reader:** To Thee, O Lord, will I call. O my God, be not silent to me.

**Choir:** O Lord, save Thy people and bless Thine inheritance.

**Reader:** O Lord, save Thy people

**Choir:** and bless Thine inheritance.

### **EPISTLE**

The Reading from the Epistle of the Holy Apostle Paul to the Colossians.

Ye Brethren: When Christ who is our life appears, then you also will appear with him in glory. Put to death therefore what is earthly in you: fornication, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these the wrath of God is coming upon the sons of disobedience. In these you once walked, when you lived in them. But now put them all away; anger, wrath, malice, slander, and foul talk from your mouth. Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which is being renewed in knowledge after the image of its creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all. [Colossians 3:4-11]

### **ALLELUIA**

**Priest:** Peace be to thee that readest, and to all the people.

**Reader:** And to thy spirit. Alleluia, alleluia, alleluia!

**Choir:** Alleluia, alleluia, alleluia!

**Reader:** He that dwelleth in the shelter of the Most High shall abide in the shadow of the God of heaven.

**Choir:** Alleluia, alleluia, alleluia!

**Reader:** He will say to the Lord: My Protector and my Refuge; my God, in Whom I trust.

**Choir:** Alleluia, alleluia, alleluia!

**GOSPEL**

The Reading from the Holy Gospel according to Luke.

At that time: As Jesus entered a village, He was met by ten lepers, who stood at a distance and lifted up their voices and said: "Jesus, Master, have mercy on us." When He saw them, He said to them, "Go and show yourselves to the priests." And as they went, they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus's feet, giving Him thanks. Now he was a Samaritan. Then said Jesus: "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And He said to him: "Rise and go your way; your faith has made you well." [Luke 17:12-19]

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**ZADOSTOYNIK**

It is truly meet to bless thee, O Theotokos,  
ever blessed and most pure, and the Mother of our God.  
More honourable than the Cherubim,  
and more glorious beyond compare than the Seraphim:  
without defilement thou gavest birth to God the Word:  
true Theotokos, we magnify thee!

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**COMMUNION HYMN**

Praise the Lord from the heavens, praise Him in the highest! Alleluia, Alleluia, Alleluia!

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**AFTER COMMUNION**

"We have seen the True Light ..." etc., as usual.