

Hymns and Readings for Sunday 18th September 2022

14th Sunday after Pentecost

Sunday after the Exaltation of the Cross

Saint Eumenius, Bishop of Gortyna

THE HOURS

TROPARIA AND KONTAKION AT THE THIRD HOUR

Troparia: Resurrection; Glory ... Saint Eumenius; Both now ... From the Horologion

Kontakion: The Cross

TROPARIA AND KONTAKION AT THE SIXTH HOUR

Troparia: Resurrection; Glory ... The Cross; Both now ... From the Horologion

Kontakion: Resurrection

THE DIVINE LITURGY

TYPICAL PSALMS AND BEATITUDES

ENTRANCE HYMN

O come, let us worship and fall down before Christ. O Son of God, Who art risen from the dead, save us who sing to Thee: Alleluia, alleluia, alleluia!

TROPARIA & KONTAKIA

Troparion of the Resurrection in Tone 5

[Music on website / Green Book page 10]

Let us, the faithful, praise and worship the Word,
co-eternal with the Father and the Spirit,
born for our salvation from the Virgin;
for He willed to be lifted up on the Cross in the flesh,
to endure death,
and to raise the dead//
by His glorious Resurrection.

Troparion of the Cross in Tone 1

[Music on website / White Book page 15]

O Lord, save Thy people,
and bless Thine inheritance!
Grant victories to the Orthodox Christians
over their adversaries;
and by the power of Thy Cross,//
preserve Thy habitation.

Troparion of Saint Chad in Tone 2

[Music in Folder]

As a Bishop thou gavest thyself
to preaching the truth and the purity of the Church.
Thou didst shine forth as an example of humility and holiness;
studying the Scriptures, thou tookest care to follow the Word.
Pray for thy children, O Holy Father Chad,
that we too may follow Christ,//
and be found worthy to partake of the nature of God.

Troparion of Saint Eumenius in Tone 4

[No music]

We have thee as a friend and helper
gracious advocate Eumenius:
for compassion flowed from thee
and thou pourest forth healings on the Church.//
Protect those who honour thee.

Kontakion of the Resurrection in Tone 5[\[Music on website / Green Book page 10\]](#)

Thou didst descend into hell, O my Saviour,
shattering its gates as Almighty,
resurrecting the dead as Creator,
and destroying the sting of death.
Thou hast delivered Adam from the curse, O Lover of man, //
and we cry to Thee: "O Lord, save us!"

Kontakion of Saint Chad in Tone 2[\[Music in Folder\]](#)

When thou wast praying to Christ, O venerable Chad
the choir of the angels came to call thee to thy reward.
Then thou wast summoned to share
in the Thrice Holy song with the seraphim.
Pray thou that we may live
as icons of the cherubim //
rejoicing before the Trinity, the Giver of life.

Glory to the Father, and to the Son, and to the Holy Spirit;

Kontakion of Saint Eumenius in Tone 2[\[Music on website / Sheet\]](#)

Illumined with divine light,
thou dost enlighten us
who hymn thine honoured, glorious and holy repose with love,
O blessed and holy hierarch Eumenius,
unceasingly praying for us all.

Both now and ever and unto ages of ages. Amen.

Kontakion of the Cross in Tone 4[\[Music on website / White Book page 17\]](#)

As Thou wast voluntarily crucified for our sake,
grant mercy to those who are called by Thy Name;
make all Orthodox Christians glad by Thy power,
granting them victories over their adversaries //
by bestowing on them the invincible trophy, Thy weapon of peace!

THE TRISAGION

PROKEIMENA

Reader: The Prokeimenon in the Seventh Tone.

Reader: Extol the Lord our God; worship at His footstool for He is holy!

Choir: Extol the Lord our God; worship at His footstool for He is holy!

Reader: The Lord reigns, let the people tremble!

Choir: Extol the Lord our God; worship at His footstool for He is holy!

Reader: Extol the Lord our God;

Choir: worship at His footstool for He is holy!

EPISTLE

The Reading from the Epistle of the Holy Apostle Paul to the Galatians.

Ye Brethren: You know that a man is not justified by works of the law but through faith in Jesus Christ, even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavour to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me. [Galatians 2:16-20]

ALLELUIA

Priest: Peace be to thee that readest, and to all the people.

Reader: And to thy spirit. Alleluia, alleluia, alleluia!

Choir: Alleluia, alleluia, alleluia!

Reader: Remember Thy congregation, which Thou hast purchased of old!

Choir: Alleluia, alleluia, alleluia!

Reader: God is our King before the ages; He has wrought salvation in the midst of the earth.

Choir: Alleluia, alleluia, alleluia!

GOSPEL

The Reading from the Holy Gospel according to Mark.

The Lord said, "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."
[Mark 8:34-9:1]

THE ZADOSTOYNIK

[Music on website / White Book page 23]

Magnify, O my soul,

the most precious Cross of the Lord!

Thou art the mystical Paradise, O Theotokos,

in which Christ blossomed;

through Him the life-bearing wood of the Cross was planted on earth.

Now at its Elevation,

as we bow before it, //

we magnify thee.

COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest! The light of Thy countenance has been signed upon us, O Lord. Alleluia, Alleluia, Alleluia!

AFTER COMMUNION

"We have seen the True Light ..." etc., as usual.