

Hymns and Readings for Sunday 17th July 2022

Fifth Sunday after Pentecost

The Holy Fathers of the Fourth Ecumenical Council

The Holy Great-Martyr Marina of Antioch in Pisidia

AT THE HOURS

TROPARIA AND KONTAKIA

Third Hour:

Troparia: Resurrection; Glory ... Holy Fathers; Both now ... From the Horologion

Kontakion: Holy Fathers

Sixth Hour:

Troparia: Resurrection; Glory ... Holy Fathers; Both now ... From the Horologion

Kontakion: Resurrection

AT THE TYPIKA (ОБЕДНИЦА)

TYPICAL PSALMS AND BEATITUDES

ENTRANCE HYMN

O come, let us worship and fall down before Christ. O Son of God, Who art risen from the dead, save us who sing to Thee: Alleluia, alleluia, alleluia!

TROPARIA

Troparion of the Resurrection in Tone 4

[Music on website / Green Book page 8]

When the women disciples of the Lord learned from the angel
the joyous message of Thy Resurrection,
they cast away the ancestral curse
and elatedly told the apostles:
"Death is overthrown!
Christ God is risen, //
granting the world great mercy!"

Troparion of the Holy Fathers in Tone 8

[Music on website / Green Book page 106]

Most glorious art Thou, O Christ our God,
Thou hast established the Holy Fathers as lights on the earth.
Through them Thou hast guided us to the True Faith. //
O greatly compassionate One, glory to Thee!

The Kontakia are sung after the Lord's Prayer

THE TRISAGION

PROKEIMENA

Reader: The Prokeimenon in the Fourth Tone.

Reader: O Lord, how manifold are Thy works; in wisdom hast Thou made them all.

Choir: O Lord, how manifold are Thy works; in wisdom hast Thou made them all.

Reader: Bless the Lord, O my soul! O Lord, my God, Thou art very great!

Choir: O Lord, how manifold are Thy works; in wisdom hast Thou made them all.

Reader: And in the Fourth Tone.

Reader: Blessed art Thou, O Lord God of our fathers, and praised and glorified is Thy Name forever!

Choir: Blessed art Thou, O Lord God of our fathers, and praised and glorified is Thy Name forever!

EPISTLE

The Reading from the Epistle of the Holy Apostle Paul to the Romans.

Ye Brethren: My heart's desire and prayer to God for Israel is that they may be saved. I bear them witness that they have a zeal for God, but it is not enlightened. For, being ignorant of the righteousness that comes from God, and seeking to establish their own, they did not submit to God's righteousness. For Christ is the end of the law, that everyone who has faith may be justified. Moses writes that the man who practises the righteousness which is based on the law shall live by it. But the righteousness based on faith says, Do not say in your heart, "Who will ascend into heaven?" (that is, to bring Christ down) or "Who will descend into the abyss?" (that is, to bring Christ up from the dead). But what does it say? The word is near you, on your lips and in your heart (that is, the word of faith which we preach); because, if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For man believes with his heart and so is justified, and he confesses with his lips and so is saved. [Romans 10: 1-10]

Child Titus: The saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicus to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen. [Titus 3:8-15]

ALLELUIA

Reader: Go forth and prosper and reign, because of truth and meekness and righteousness.

Choir: Alleluia, alleluia, alleluia!

Reader: For Thou lovest righteousness and hatest iniquity.

Choir: Alleluia, alleluia, alleluia!

Reader: The Lord, the God of gods, speaks and summons the earth from the rising of the sun to its setting.

Choir: Alleluia, alleluia, alleluia!

THE GOSPEL

The Reading from the Holy Gospel according to Matthew.

At that time: When Jesus came to the other side, to the country of the Gergesenes, two demoniacs met him, coming out of the tombs, so fierce that no one would pass that way. And behold, they cried out, "What have you to do with us, O Son of God? Have you come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged him, "If you cast us out, send us away into the herd of swine." And he said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw him, they begged him to leave their neighbourhood. And getting into a boat he crossed over and came to his own city. [Matthew 8:28-34, 9:1]

The Lord said to his disciples: "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfil them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven." [Matthew 5:14-19]

Kontakion of the Resurrection in Tone 4[\[Music on website / Green Book page 8\]](#)

My Saviour and Redeemer as God
rose from the tomb and delivered the earth-born from their chains.
He has shattered the gates of hell,
and as Master, //
He has risen on the third day!

Glory be to the Father, and to the Son, and to the Holy Spirit;

Kontakion of the Holy Fathers in Tone 8[\[Music on website / Green Book page 106\]](#)

The Apostles' preaching and the Fathers' doctrines have established one Faith for the Church.
Adorned with the robe of truth, woven from heavenly theology, //
It defines and glorifies the great mystery of Orthodoxy.

Both now and ever and unto ages of ages. Amen.

Steadfast Protectress of Christians in Tone 6[\[Music on website / Folder\]](#)

Steadfast Protectress of Christians,
Constant advocate before the Creator,
despise not the cry of us sinners,
but in thy goodness
come speedily to help us who call on thee in faith.
Hasten to hear our petition and to intercede for us, O Theotokos, //
for thou dost ever protect those who honour thee.

THE ZADOSTOYNIK[\[Music on website / Folder\]](#)

"It is truly meet ..." / "Meet it is in truth ..."
