

Hymns and Readings for Sunday 10th July 2022

Fourth Sunday after Pentecost

Saint Anthony of the Kiev Caves • The Holy forty-five Martyrs at Nicopolis in Armenia

AT THE HOURS

TROPARIA AND KONTAKIA

Third Hour:

Troparia: Resurrection; Glory ... Saint Anthony; Both now ... From the Horologion

Kontakion: Resurrection

Sixth Hour:

Troparia: Resurrection; Glory ... Saint Anthony; Both now ... From the Horologion

Kontakion: Saint Anthony

AT THE ТУРІКА (ОБЕДНИЦА)

TYPICAL PSALMS AND BEATITUDES

ENTRANCE HYMN

O come, let us worship and fall down before Christ. O Son of God, Who art risen from the dead, save us who sing to Thee: Alleluia, alleluia, alleluia!

TROPARIA

Troparion of the Resurrection in Tone 3

[Music on website / Green Book page 6]

Let the heavens rejoice!

Let the earth be glad!

For the Lord has shown strength with His arm.

He has trampled down death by death.

He has become the first born of the dead.

He has delivered us from the depths of hell,

and has granted to the world//

great mercy.

Troparion of Saint Anthony in Tone 4

[Music on website / Sheet]

Having left the turmoil of the world,

thou didst renounce the world to follow Christ in accordance with the Gospel.

Living a life equal to the Angels,

thou didst reach the quiet haven of the Holy Mountain of Athos.

With the blessing of the Athonite fathers, thou didst come to the hills of Kiev,

where thou didst labor with love and didst illumine thy homeland.

There thou leddest a multitude of monastics to Christ

showing them the path that leads to the Kingdom of Heaven.//

Venerable Anthony, pray to Him that our souls may be saved!

Troparion of Saint Chad in Tone 2

[Folder]

As a Bishop thou gavest thyself

to preaching the truth and the purity of the Church.

Thou didst shine forth as an example of humility and holiness;

studying the Scriptures, thou tookest care to follow the Word.

Pray for thy children, O Holy Father Chad,

that we too may follow Christ,//

and be found worthy to partake of the nature of God.

The Kontakia are sung after the Lord's Prayer

THE TRISAGION

PROKEIMENA

Reader: The Prokeimenon in the Third Tone.

Reader: Sing praises to our God, sing praises! Sing praises to our King, sing praises!

Choir: Sing praises to our God, sing praises! Sing praises to our King, sing praises!

Reader: Clap your hands, all peoples! Shout to God with loud songs of joy!

Choir: Sing praises to our God, sing praises! Sing praises to our King, sing praises!

Reader: And in the Seventh Tone.

Reader: Precious in the sight of the Lord is the death of His saints.

Choir: Precious in the sight of the Lord is the death of His saints.

EPISTLE

The Reading from the Epistle of the Holy Apostle Paul to the Romans.

Ye Brethren: Having been set free from sin, you have become slaves of righteousness. I am speaking in human terms, because of your natural limitations. For just as you once yielded your members to impurity and to greater and greater iniquity, so now yield your members to righteousness for sanctification. When you were slaves of sin, you were free in regard to righteousness. But then what return did you get from the things of which you are now ashamed? The end of those things is death. But now that you have been set free from sin and have become slaves of God, the return you get is sanctification and its end, eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord. [Romans 6:18-23]

Ye Brethren: The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also walk by the Spirit. Let us have no self-conceit, no provoking of one another, no envy of one another. Brethren, if a man is overtaken in any trespass, you who are spiritual should restore him in a spirit of gentleness. Look to yourself, lest you too be tempted. Bear one another's burdens, and so fulfil the law of Christ. [Galatians 5:22-6:2]

ALLELUIA

Reader: In thee, O Lord, have I hoped; let me never be put to shame!

Choir: Alleluia, alleluia, alleluia!

Reader: Be a God of protection for me, a house of refuge in order to save me!

Choir: Alleluia, alleluia, alleluia!

Reader: Blessed is the man who feareth the Lord, who greatly delighteth in His commandments.

Choir: Alleluia, alleluia, alleluia!

GOSPEL

The Reading from the Holy Gospel according to Matthew.

At that time: As Jesus entered Capernaum, a centurion came forward to him, beseeching him and saying, "Lord, my servant is lying paralyzed at home, in terrible distress." And he said to him, "I will come and heal him." But the centurion answered him, "Lord, I am not worthy to have you come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with soldiers under me; and I say to one, 'Go,' and he goes, and to another, 'Come,' and he comes, and to my slave, 'Do this,' and he does it." When Jesus heard him, he marvelled, and said to those who followed him, "Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the kingdom of heaven, while the sons of the kingdom will be thrown into the outer darkness; there men will weep and gnash their teeth." And to the centurion Jesus said, "Go; be it done for you as you have believed." And the servant was healed at that very moment. [Matthew 8:5-13]

At that time: Great crowds from Galilee, Decapolis, Jerusalem, Judea, and from beyond the Jordan followed Jesus. Seeing the crowds, Jesus went up to the mountain, and when he had sat down, his disciples came to him. He began to speak and to teach them, saying:

“Blessed are the poor in spirit, for theirs is the Kingdom of Heaven.
“Blessed are those who mourn, for they shall be comforted.
“Blessed are the meek, for they shall inherit the earth.
“Blessed are those who hunger and thirst after righteousness, for they shall be filled.
“Blessed are the merciful, for they shall obtain mercy.
“Blessed are the pure in heart, for they shall see God.
“Blessed are the peacemakers, for they shall be called children of God.
“Blessed are those who are persecuted for righteousness’ sake, for theirs is the Kingdom of Heaven.
“Blessed are you when men revile you, persecute you, and say all kinds of evil against you falsely for my sake.
Rejoice and be extremely glad,
for great is your reward in heaven.” [Matthew 4:25-5:12a]

Kontakion of the Resurrection in Tone 3

[Music on website / Green Book page 6]

On this day Thou didst rise from the tomb,
O Merciful One,
leading us from the gates of death.
On this day Adam exults as Eve rejoices;
with the Prophets and Patriarchs they unceasingly praise//
the divine majesty of Thy power.

Kontakion of Saint Anthony in Tone 8

[Music on website / Sheet]

Having loved God above all from thy childhood, O ven’rable one,
thou didst surrender thyself to Him and follow Him with all thy soul.
Despising the material things of this world,
thou didst make a cave in the earth, where thou didst fight the good fight against the invisible Enemy.
Like a brilliant sun thou didst illumine all the ends of the earth,
and with rejoicing thou didst pass into the heavenly chambers.
Now as thou dost stand with the Angels before the Throne of the Master,
remember us who honour thy memory as we cry to thee://
“Rejoice, our Father Anthony!”

Glory be to the Father, and to the Son, and to the Holy Spirit;

Kontakion of Saint Chad in Tone 2

[Folder]

When thou wast praying to Christ, O venerable Chad
the choir of the angels came to call thee to thy reward.
Then thou wast summoned to share
in the Thrice Holy song with the seraphim.
Pray thou that we may live
as icons of the cherubim//
rejoicing before the Trinity, the Giver of life.

Both now and ever and unto ages of ages. Amen.

Steadfast Protectress of Christians in Tone 6

[Music on website / Folder]

Steadfast Protectress of Christians,
Constant advocate before the Creator,
despise not the cry of us sinners,
but in thy goodness
come speedily to help us who call on thee in faith.
Hasten to hear our petition and to intercede for us, O Theotokos,//
for thou dost ever protect those who honour thee.

THE ZADOSTOYNIK

[Music on website / Folder]

“It is truly meet ...” / “Meet it is in truth ...”