

# Hymns and Readings for Sunday 2<sup>nd</sup> January 2022

## Sunday before the Theophany

### Forefeast of the Theophany

#### Rest of Saint Seraphim, Wonderworker of Sarov

#### TROPARIA & KONTAKIA

##### **Troparion of the Resurrection in Tone 3**

[[Music on website](#)]

Let the heavens rejoice!  
Let the earth be glad!  
For the Lord has shown strength with His arm.  
He has trampled down death by death.  
He has become the first born of the dead.  
He has delivered us from the depths of hell,  
and has granted to the world//  
great mercy.

##### **Troparion of the Forefeast in Tone 4**

[[Music on website](#)]

Make ready, O Zebulon,  
and prepare thyself, O Naphtali!  
O River Jordan, stand and leap for joy  
at receiving the Lord Who cometh to be baptized.  
Rejoice, O Adam, with our first mother,  
hide not yourselves as in Paradise of old.  
For seeing us naked, He hath appeared,  
that He might clothe us with our first garment.//  
Christ has appeared, wishing to renew the whole of creation.

##### **Troparion of Saint Chad in Tone 2**

As a Bishop thou gavest thyself  
to preaching the truth and the purity of the Church.  
Thou didst shine forth as an example of humility and holiness;  
studying the Scriptures, thou tookest care to follow the Word.  
Pray for thy children, O Holy Father Chad,  
that we too may follow Christ,//  
and be found worthy to partake of the nature of God.

##### **Troparion of Saint Seraphim in Tone 4**

[[Music on website](#)]

From thy youth thou didst love Christ, O blessèd one;  
and, aflame with the desire to serve Him alone,  
thou didst struggle in the wilderness in unceasing prayer and labour;  
and with compunction of heart acquiring the love of Christ,  
thou wast shown to be the beloved favourite of the Mother of God.  
Wherefore we cry unto thee://  
Save us by thy prayers, O our venerable father Seraphim."

##### **Kontakion of the Resurrection in Tone 3**

[[Music on website](#)]

On this day Thou didst rise from the tomb,  
O Merciful One,  
leading us from the gates of death.  
On this day Adam exults as Eve rejoices;  
with the Prophets and Patriarchs they unceasingly praise//  
the divine majesty of Thy power.

### **Kontakion of Saint Chad in Tone 2**

When thou wast praying to Christ, O venerable Chad,  
the choir of the angels came to call thee to thy reward.

Then thou wast summoned to share  
in the Thrice Holy song with the seraphim.

Pray thou that we may live as icons of the cherubim, //  
rejoicing before the Trinity, the Giver of life.

Glory to the Father, and to the Son, and to the Holy Spirit;

### **Kontakion of Saint Seraphim in Tone 2**

[Music on website]

Forsaking the beauty of the world and the corruption therein,  
thou didst make thine abode in the monastery of Sarov.

And having lived there as an angel,  
thou didst become for many a path to salvation.

For this cause, Christ has glorified thee, O father Seraphim,  
and enriched thee with the gift of healings and miracles.

Wherefore we cry out to thee: //

Rejoice, O Seraphim, our venerable father.

Both now and ever and unto ages of ages. Amen.

### **Kontakion of the Forefeast in Tone 4**

[Music on website]

Today the Lord enters the Jordan and cries out to John:

“Do not be afraid to baptize Me. //

For I have come to save Adam, the first-formed man.”

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### **PROKEIMENA**

**Reader:** The Prokeimenon in the Sixth Tone.

**Reader:** O Lord, save Thy people, and bless Thine inheritance!

**Choir:** O Lord, save Thy people, and bless Thine inheritance!

**Reader:** To Thee, O Lord, will I call. O my God, be not silent to me!

**Choir:** O Lord, save Thy people, and bless Thine inheritance!

**Reader:** And in the Seventh Tone.

**Reader:** Precious in the sight of the Lord is the death of His saints.

**Choir:** Precious in the sight of the Lord is the death of His saints.

### **EPISTLE**

The Reading from the Second Epistle of the Holy Apostle Paul to Timothy.

Child Timothy: Always be steady, endure suffering, do the work of an evangelist, fulfil your ministry. For I am already on the point of being sacrificed; the time of my departure has come. I have fought the good fight, I have finished the race, I have kept the faith. Henceforth there is laid up for me the crown of righteousness, which the Lord, the righteous judge, will award to me on that Day, and not only to me but also to all who have loved his appearing. [2 Timothy 4:5-8]

Ye Brethren: The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also walk by the Spirit. Let us have no self-conceit, no provoking of one another, no envy of one another. Brethren, if a man is overtaken in any trespass, you who are spiritual should restore him in a spirit of gentleness. Look to yourself, lest you too be tempted. Bear one another's burdens, and so fulfil the law of Christ. [Galatians 5:22-6:2]

## **ALLELUIA**

**Reader:** And with thy spirit. Alleluia, Alleluia, Alleluia.

**Reader:** O God, be bountiful to us and bless us, show the light of Thy countenance upon us, and have mercy on us.

**Choir:** Alleluia, alleluia, alleluia!

**Reader:** That we may know Thy way upon the earth, and Thy salvation among all the nations.

**Choir:** Alleluia, alleluia, alleluia!

**Reader:** Blessed is the man who fears the Lord, who greatly delights in His commandments.

**Choir:** Alleluia, alleluia, alleluia!

## **THE GOSPEL**

The Reading from the Holy Gospel according to Mark.

The beginning of the Gospel of Jesus Christ, the Son of God. As it is written in Isaiah the prophet, 'Behold, I send my messenger before your face, who shall prepare your way; the voice of one crying in the wilderness: prepare the way of the Lord, make his paths straight.' John the baptizer appeared in the wilderness, preaching a baptism of repentance for the forgiveness of sins. And there went out to him all the country of Judea, and all the people of Jerusalem; and they were baptized by him in the river Jordan, confessing their sins. Now John was clothed with camel's hair, and had a leather girdle around his waist, and ate locusts and wild honey. And he preached, saying, "After me comes he who is mightier than I, the thong of whose sandals I am not worthy to stoop down and untie. I have baptized you with water; but he will baptize you with the Holy Spirit." [Mark 1:1-8]

At that time: Jesus stood on a level place, with a great crowd of his disciples and a great multitude of people from all Judea and Jerusalem and the seacoast of Tyre and Sidon, who came to hear him and to be healed of their diseases; and those who were troubled with unclean spirits were cured. And all the crowd sought to touch him, for power came forth from him and healed them all. And he lifted up his eyes on his disciples, and said: "Blessed are you poor, for yours is the kingdom of God. Blessed are you that hunger now, for you shall be satisfied. Blessed are you that weep now, for you shall laugh. Blessed are you when men hate you, and when they exclude you and revile you, and cast out your name as evil, on account of the Son of man! Rejoice in that day, and leap for joy, for behold, your reward is great in heaven." [Luke 6:17-23]

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## **ZADOSTOYNIK**

It is truly meet to bless thee, O Theotokos,  
ever blessed and most pure, and the Mother of our God.  
More honourable than the Cherubim,  
and more glorious beyond compare than the Seraphim:  
without defilement thou gavest birth to God the Word:  
true Theotokos, we magnify thee!

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## **COMMUNION HYMNS**

Praise the Lord from the heavens, praise Him in the highest. The righteous shall be in everlasting remembrance. He shall not fear evil tidings. Alleluia, Alleluia, Alleluia!