

Hymns & Readings for Sunday 12th September 2021

12th Sunday after Pentecost

Sunday Before the Exaltation of the Cross

Leavetaking of the Nativity of the Most Holy Theotokos

TROPARIA & KONTAKIA

Troparion of the Resurrection in Tone 3

[\[Music on website\]](#)

Let the heavens rejoice!

Let the earth be glad!

For the Lord has shown strength with His arm.

He has trampled down death by death.

He has become the first born of the dead.

He has delivered us from the depths of hell,

and has granted to the world//

great mercy.

Troparion of the Nativity of the Theotokos in Tone 4

[\[Music on website\]](#)

Thy nativity, O Virgin,

has proclaimed joy to the whole universe!

The Sun of righteousness, Christ our God,

has shone from thee, O Theotokos.

By annulling the curse,

He bestowed a blessing.//

By destroying death, He has granted us eternal life.

Glory to the Father, and to the Son, and to the Holy Spirit;

Kontakion of the Resurrection in Tone 3

[\[Music on website\]](#)

On this day Thou didst rise from the tomb, O Merciful One,
leading us from the gates of death.

On this day Adam exults as Eve rejoices;

with the Prophets and Patriarchs//

they unceasingly praise the divine majesty of Thy power.

Both now and ever and unto ages of ages. Amen.

Kontakion of the Nativity of the Theotokos in Tone 4

[\[Music on website\]](#)

By thy nativity, most pure Virgin,

Joachim and Anna are freed from barrenness,

Adam and Eve, from the corruption of death.

And we, thy people, freed from the guilt of sin, celebrate and sing to thee://

“The barren woman gives birth to the Theotokos, the Nourisher of our Life.”

PROKEIMENA

Reader: The Prokeimenon in the Sixth Tone.

Reader: O Lord, save Thy people, and bless Thine inheritance!

Choir: O Lord, save Thy people, and bless Thine inheritance!

Reader: To Thee, O Lord, will I call. O my God, be not silent to me!

Choir: O Lord, save Thy people, and bless Thine inheritance!

Reader: And in the Third Tone.

Reader: My soul doth magnify the Lord, and my spirit hath rejoiced in God my Saviour.

Choir: My soul doth magnify the Lord, and my spirit hath rejoiced in God my Saviour.

EPISTLE

Reader: The Reading from the Epistle of the Holy Apostle Paul to the Galatians.

Ye Brethren: See with what large letters I am writing to you with my own hand. It is those who want to make a good showing in the flesh that would compel you to be circumcised, and only in order that they may not be persecuted for the cross of Christ. For even those who receive circumcision do not themselves keep the law, but they desire to have you circumcised that they may glory in your flesh. But far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen. [Galatians 6:11-18]

Now I would remind you, brethren, in what terms I preached to you the gospel, which you received, in which you stand, by which you are saved, if you hold it fast – unless you believed in vain. For I delivered to you as of first importance what I also received, that Christ died for our sins in accordance with the scriptures, that he was buried, that he was raised on the third day in accordance with the scriptures, and that he appeared to Cephas, then to the twelve. Then he appeared to more than five hundred brethren at one time, most of whom are still alive, though some have fallen asleep. Then he appeared to James, then to all the apostles. Last of all, as to one untimely born, he appeared also to me. For I am the least of the apostles, unfit to be called an apostle, because I persecuted the church of God. But by the grace of God I am what I am, and his grace toward me was not in vain. On the contrary, I worked harder than any of them, though it was not I, but the grace of God which is with me. Whether then it was I or they, so we preach and so you believed. [1 Corinthians 15:1-11]

Ye Brethren: Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, taking the form of a servant, being born in the likeness of men. And being found in human form he humbled himself and became obedient unto death, even death on a cross. Therefore God has highly exalted him and bestowed on him the name which is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father. [Philippians 2:5-11]

ALLELUIA

Reader: I have exalted one chosen out of My people.

Choir: Alleluia, alleluia, alleluia!

Reader: For My hand shall defend him and My arm shall strengthen him.

Choir: Alleluia, alleluia, alleluia!

Reader: Hearken, O daughter, and see, and incline thine ear!

Choir: Alleluia, alleluia, alleluia!

GOSPEL

The Reading from the Holy Gospel according to John.

The Lord said, "No one has ascended into heaven but he who descended from heaven, the Son of man. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God sent the Son into the world, not to condemn the world, but that the world might be saved through him." [John 3:13-17]

And behold, one came up to Jesus, saying, "Teacher, what good deed must I do, to have eternal life?" And he said to him, "Why do you ask me about what is good? One there is who is good. If you would enter life, keep the commandments." He said to him, "Which?" And Jesus said, "You shall not kill, You shall not commit adultery, You shall not steal, You shall not bear false witness, Honour your father and mother, and, You shall love your neighbour as yourself." The young man said to him, "All these I have observed; what do I still lack?" Jesus said to him, "If you would be perfect, go, sell what you possess and give to the poor, and you will have treasure in heaven; and come, follow me." When the young man heard this he went away sorrowful; for he had great possessions. And Jesus said to

his disciples, "Truly, I say to you, it will be hard for a rich man to enter the kingdom of heaven. Again I tell you, it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God." When the disciples heard this, they were greatly astonished, saying, "Who then can be saved?" But Jesus looked at them and said to them, "With men this is impossible, but with God all things are possible." [Matthew 19:16-26]

At that time, Jesus entered a village; and a woman called Martha received him into her house. And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. But Martha was distracted with much serving; and she went to him and said, "Lord, do you not care that my sister has left me to serve you alone? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things; one thing is needful. Mary has chosen the good portion, which shall not be taken away from her." As he said this, a woman in the crowd raised her voice and said to him, "Blessed is the womb that bore you, and the breasts that you sucked!" But he said, "Blessed rather are those who hear the word of God and keep it!" [Luke 10:38-42; 11:27-28]

ZADOSTOYNIK

Magnify, O my soul,
the most glorious Nativity of the Mother of God!
Virginity is foreign to mothers;
childbearing is strange for virgins.
But in thee, O Theotokos,
both were accomplished.
For this, all the earthly nations//
unceasingly magnify thee.