

Reader's Typika for Sunday 18th July 2021

The Holy Fathers of the Fourth Ecumenical Council

The 'Reader' may be the most senior person present – e.g. a parent or grandparent, according to the situation – or simply the most confident reader or singer. The parts marked for the 'Choir' can be read or sung by everyone together, or by one person alone. Music for some parts may be found on the website: www.orthodoxcommunityrugby.com/choir/ If no one present is a confident singer, the service can be chanted on one note, or simply read. You may prefer to use parts of the service in your own language. If so, please make sure that the prayers are read from an Orthodox prayer book or service book.

Before the Service

If possible, the Service should be said in front of the household icons – e.g. in the family icon corner. If practical, and if they are available, a Cross and a Book of the Gospels (or a copy of New Testament, or a Bible) should be placed on a table in front of the icons. A lamp or candle, and incense, if available, should be lit before the Service begins.

Reader: Through the prayers of our Holy Fathers, Lord Jesus Christ our God, have mercy upon us, and save us. Amen.

In place of the GREAT LITANY, the choir sings:
Lord, have mercy. (x 12)

FIRST ANTIPHON

Psalm 102

Choir: Bless the Lord, O my soul:/ Blessed art Thou, O Lord.
Bless the Lord, O my soul:/ and all that is within me, bless His holy Name.
Bless the Lord, O my soul:/ and forget not all His benefits:
Who forgiveth all thine iniquities,/ Who healeth all thy diseases.
The Lord is merciful and gracious,/ slow to anger and plenteous in mercy.
Bless the Lord, O my soul:/ and all that is within me, bless His holy Name. Blessed art Thou, O Lord.

In place of the LITTLE LITANY, the choir sings:
Lord, have mercy. Lord, have mercy. Lord, have mercy.

SECOND ANTIPHON

Psalm 145

Choir: Glory be to the Father, and to the Son, and to the Holy Spirit.

Praise the Lord, O my soul./ While I live will I praise the Lord;/ I will sing praises unto my God while I have any being.
Put not your trust in princes, nor in any sons of men/ in whom there is no help.
His breath goeth forth, he returneth to his earth:/ in that very day his thoughts perish.
The Lord shall reign forever:/ even thy God, O Zion, unto all generations.

Both now and ever and unto the ages of ages. Amen.

O only-begotten Son and Word of God. O Thou Who art Immortal, yet for our salvation didst deign to be incarnate of the holy Mother of God and Ever-Virgin Mary; and without change wast made man; Who also wast crucified for us; and by death didst overcome death: save us, O Christ, our God; one Person of the Holy Trinity, glorified together with the Father and the Holy Spirit.

In place of the LITTLE LITANY, the choir sings:

Lord, have mercy. Lord, have mercy. Lord, have mercy.

THIRD ANTIPHON

The Beatitudes

Choir: In Thy Kingdom remember us, O Lord,/ when Thou comest in Thy Kingdom.
Blessed are the poor in spirit:/ for theirs is the Kingdom of Heaven.
Blessed are they that mourn:/ for they shall be comforted.
Blessed are the meek:/ for they shall inherit the earth.
Blessed are they which do hunger and thirst after righteousness:/ for they shall be filled.
Blessed are the merciful:/ for they shall obtain mercy.
Blessed are the pure in heart:/ for they shall see God.
Blessed are the peacemakers:/ for they shall be called the children of God.
Blessed are they which are persecuted for righteousness' sake:/ for theirs is the Kingdom of Heaven.
Blessed are ye when men shall revile you and persecute you,/ and shall say all manner of evil against you falsely, for my sake.
Rejoice and be exceeding glad:// for great is your reward in Heaven.

ENTRANCE HYMN

Choir: O come, let us worship and fall down before Christ. O Son of God, Who art risen from the dead, save us who sing to Thee: Alleluia, alleluia, alleluia!

TROPARIA

Troparion of the Resurrection in Tone 3

[Music on website]

Let the heavens rejoice!

Let the earth be glad!

For the Lord has shown strength with His arm.

He has trampled down death by death.

He has become the first born of the dead.

He has delivered us from the depths of hell,
and has granted to the world//

great mercy.

Troparion of the Holy Fathers in Tone 8

[Music on website]

Most glorious art Thou, O Christ our God,

Thou hast established the Holy Fathers as lights on the earth.

Through them Thou hast guided us to the True Faith.//

O greatly compassionate One, glory to Thee!

THE TRISAGION

Choir: Holy God, Holy Mighty, Holy Immortal, have mercy on us. (x 3)

Glory be to the Father, and to the Son, and to the Holy Spirit, both now
and ever and unto ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

PROKEIMENA

Reader: The Prokeimenon in the Third Tone.

Reader: Sing praises to our God, sing praises! Sing praises to our King,
sing praises!

Choir: Sing praises to our God, sing praises! Sing praises to our King,
sing praises!

Reader: Clap your hands, all peoples! Shout to God with loud songs of
joy!

Choir: Sing praises to our God, sing praises! Sing praises to our King,
sing praises!

Reader: [And] in the Fourth Tone.

Reader: Blessed art Thou, O Lord God of our fathers, and praised and
glorified is Thy name forever!

Choir: Blessed art Thou, O Lord God of our fathers, and praised and
glorified is Thy name forever!

EPISTLE

Reader: The Reading from the Epistle of the Holy Apostle Paul to the
Romans

Ye Brethren: Having been set free from sin, you have become slaves of
righteousness. I am speaking in human terms, because of your natural
limitations. For just as you once yielded your members to impurity and
to greater and greater iniquity, so now yield your members to
righteousness for sanctification. When you were slaves of sin, you were
free in regard to righteousness. But then what return did you get from
the things of which you are now ashamed? The end of those things is
death. But now that you have been set free from sin and have become
slaves of God, the return you get is sanctification and its end, eternal life.
For the wages of sin is death, but the free gift of God is eternal life in
Christ Jesus our Lord. [Romans 6:18-23]

Child Titus: The saying is sure. I desire you to insist on these things, so
that those who have believed in God may be careful to apply themselves
to good deeds; these are excellent and profitable to men. But avoid
stupid controversies, genealogies, dissensions, and quarrels over the
law, for they are unprofitable and futile. As for a man who is factious,
after admonishing him once or twice, have nothing more to do with him,
knowing that such a person is perverted and sinful; he is self-
condemned. When I send Artemas or Tychicos to you, do your best to
come to me at Nicopolis, for I have decided to spend the winter there. Do
your best to speed Zenas the lawyer and Apollos on their way; see that
they lack nothing. And let our people learn to apply themselves to good
deeds, so as to help cases of urgent need, and not to be unfruitful. All
who are with me send greeting to you. Greet those who love us in the
faith. Grace be with you all. Amen. [Titus 3:8-15]

ALLELUIA

Reader: In thee, O Lord, have I hoped; let me never be put to shame!

Choir: Alleluia, alleluia, alleluia!

Reader: Be a God of protection for me, a house of refuge in order to
save me!

Choir: Alleluia, alleluia, alleluia!

Reader: The Lord, the God of gods, speaks and summons the earth from the rising of the sun to its setting.

Choir: Alleluia, alleluia, alleluia!

THE GOSPEL

All stand for the reading of the Gospel. In these exceptional circumstances, the Gospel may be read by the most senior person present – e.g. a parent or grandparent – according to the situation.

Reader: The Reading from the Holy Gospel according to Matthew.

Choir: Glory be to Thee, O Lord, glory be to Thee.

Reader: At that time: As Jesus entered Capernaum, a centurion came forward to him, beseeching him and saying, “Lord, my servant is lying paralyzed at home, in terrible distress.” And he said to him, “I will come and heal him.” But the centurion answered him, “Lord, I am not worthy to have you come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with soldiers under me; and I say to one, ‘Go,’ and he goes, and to another, ‘Come,’ and he comes, and to my slave, ‘Do this,’ and he does it.” When Jesus heard him, he marvelled, and said to those who followed him, “Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the kingdom of heaven, while the sons of the kingdom will be thrown into the outer darkness; there men will weep and gnash their teeth.” And to the centurion Jesus said, “Go; be it done for you as you have believed.” And the servant was healed at that very moment. [Matthew 8:5-13]
The Lord said to his disciples: “You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfil them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven.” [Matthew 5:14-19]

Choir: Glory be to Thee, O Lord, glory be to Thee.

Instead of the AUGMENTED LITANY, the Choir sings:

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

PRAYER TO THE LORD OF HOSTS

Reader: Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

Remember us, O Lord, when Thou comest into Thy Kingdom. *(Reverence)*

Remember us, O Master, when Thou comest into Thy Kingdom.

(Reverence)

Remember us, O Holy One, when Thou comest into Thy Kingdom.

(Reverence)

The heavenly choir sings to Thee, and cries: Holy, Holy, Holy, Lord God of Hosts; heaven and earth are full of Thy glory.

Come unto Him and be enlightened, and your faces shall not be ashamed.

The heavenly choir sings to Thee, and cries: Holy, Holy, Holy, Lord God of Hosts; heaven and earth are full of Thy glory.

Glory to the Father, and to the Son, and to the Holy Spirit.

The choir of holy Angels and Archangels, with all the Powers of heaven, sing Thy praises and do cry: Holy, Holy, Holy, Lord God of Hosts; heaven and earth are full of Thy glory.

Both now and ever and unto ages of ages. Amen.

THE CREED (SYMBOL OF FAITH)

I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible.

And in one Lord, Jesus Christ, the only-begotten Son of God, begotten of the Father before all worlds, Light of Light, very God of very God, begotten, not made; of one substance with the Father, by Whom all things were made.

Who for us men and for our salvation came down from heaven, and was incarnate of the Holy Ghost and the Virgin Mary, and was made man.

And was crucified also for us under Pontius Pilate, He suffered and was buried. And the third day He rose again, according to the Scriptures; and

ascended into heaven, and sitteth at the right hand of the Father. And He shall come again with glory to judge the quick and the dead, Whose kingdom shall have no end.

And in the Holy Ghost, the Lord, the Giver of Life, Who proceedeth from the Father;

Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets.

In One Holy Catholic and Apostolic Church.

I acknowledge one Baptism for the remission of sins.

And I look for the Resurrection of the dead, and the life of the world to come. Amen.

PRAYER OF FORGIVENESS

Reader: O God, remit, pardon and forgive our sins, whether voluntary or involuntary, whether by words or deeds, whether in knowledge or ignorance, whether by day or night, whether in mind or thought; forgive us all these, for Thou art good and lovest mankind.

THE LORD'S PRAYER

Our Father, who art in heaven,
hallowed be Thy name, Thy Kingdom come.

Thy will be done, on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses,

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from the evil one.

Reader: Through the prayers of our Holy Fathers, Lord Jesus Christ our God, have mercy upon us, and save us. Amen.

KONTAKIA

Kontakion of the Resurrection in Tone 3 [\[Music on website\]](#)

On this day Thou didst rise from the tomb, O Merciful One,
leading us from the gates of death.

On this day Adam exults as Eve rejoices;

with the Prophets and Patriarchs they unceasingly praise//
the divine majesty of Thy power.

Glory to the Father, and to the Son, and to the Holy Spirit;

Kontakion of the Holy Fathers in Tone 8 [\[Music on website\]](#)

The Apostles' preaching and the Fathers' doctrines have established one
Faith for the Church.

Adorned with the robe of truth, woven from heavenly theology,//

It defines and glorifies the great mystery of Orthodoxy.

Both now and ever and unto ages of ages. Amen.

Steadfast Protectress of Christians in Tone 6 [\[Music on website\]](#)

Steadfast Protectress of Christians,

Constant advocate before the Creator,

despise not the cry of us sinners,

but in thy goodness

come speedily to help us who call on thee in faith.

Hasten to hear our petition and to intercede for us, O Theotokos,

for thou dost ever protect those who honour thee.

Reader: Lord, have mercy. (x 12)

All-holy Trinity, Mighty one in essence, Kingdom undivided, origin of all good things, be graciously inclined also to me, a sinner. Establish me; give understanding to my heart, and purge away all my vileness. Enlighten my mind, that I may glorify, sing praises, and adore Thee, and say:

Choir: One is Holy,/ One is Lord,/ Jesus Christ,/ to the glory of God the Father. Amen.

Choir: Blessed be the Name of the Lord, from this time forth and for evermore.

Blessed be the Name of the Lord, from this time forth and for evermore.

Blessed be the Name of the Lord, from this time forth and for evermore.

Reader: Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

PSALM 33

Reader: I will bless the Lord at all times; his praise shall continually be in my mouth. My soul makes its boast in the Lord; let the afflicted hear and be glad. O magnify the Lord with me, and let us exalt His name together. I sought the Lord, and he answered me, and delivered me from

all my fears. Look to Him, and be radiant; so your faces shall never be ashamed. This poor man cried, and the Lord heard him, and saved him out of all his troubles. The angel of the Lord encamps around those who fear Him, and delivers them. O taste and see that the Lord is good! Happy is the man who takes refuge in Him! O fear the Lord, you His saints, for those who fear Him have no want. The young lions suffer want and hunger; but those who seek the Lord lack no good thing.

Come, O sons, listen to me, I will teach you the fear of the Lord. What man is there who desires life, and covets many days, that he may enjoy good? Keep your tongue from evil, and your lips from speaking deceit. Depart from evil, and do good; seek peace, and pursue it. The eyes of the Lord are toward the righteous, and his ears toward their cry. The face of the Lord is against evildoers, to cut off the remembrance of them from the earth. When the righteous cry for help, the Lord hears, and delivers them out of all their troubles. The Lord is near to the broken-hearted, and saves the crushed in spirit. Many are the afflictions of the righteous; but the Lord delivers him out of them all. He kept all his bones; not one of them is broken. Evil shall slay the wicked; and those who hate the righteous will be condemned. The Lord redeems the life of his servants; none of those who take refuge in Him will be condemned.

THE ZADOSTOYNIK

Choir:

It is truly meet to bless thee, O Theotokos,
ever blessed and most pure, and the Mother of our God.
More honourable than the Cherubim,
and more glorious beyond compare than the Seraphim:
without defilement thou gavest birth to God the Word:
true Theotokos, we magnify thee!

THE DISMISSAL

Choir: Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

Lord, have mercy. Lord, have mercy. Lord, have mercy. Bless, O Lord.

Reader: Lord Jesus Christ, Son of God, Who rose again from the dead, through the intercessions of Thy most pure Mother; by the might of the precious and life-giving Cross; by the protection of the honourable

bodiless powers of heaven; at the supplications of our Holy, Venerable and God-bearing Fathers; of our Father among the Saints, Chad, Bishop of Lichfield, Patron and Protector of this Community; of the Holy Fathers of the Fourth Ecumenical Council; and of all the saints, have mercy upon us and save us. Amen.

All kiss the Gospel Book (or New Testament, or Bible) and the Cross placed on the table. When all have done so, the reader or choir sings slowly:

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Reader: Through the prayers of our Holy Fathers, Lord Jesus Christ our God, have mercy upon us, and save us. Amen.