

Typika for Sunday 9th May 2021

Second Sunday of Pascha ♦ Antipascha ♦ Saint Thomas Sunday

The online service will be served by a priest, so the litanies will be sung as they are during the Divine Liturgy. The parts of the service which are read or sung when a priest is serving are shown in red. These are omitted if the service is used without a priest.

If you are serving the service at home without a priest, follow the marked sections shown in blue. The 'Reader' may be the most senior person present – e.g. a parent or grandparent, according to the situation – or simply the most confident reader or singer. The parts marked for the 'Choir' can be read or sung by everyone together, or by one person alone. You may prefer to use parts of the service in your own language. If so, please make sure that the prayers are read from an Orthodox prayer book or service book.

Available music may be found at www.orthodoxcommunityrugby.com/choir

Before the Service

Whether you are following the service online, or at home without a priest, the service should be said in front of the household icons – e.g. in the family icon corner. If practical, and if they are available, a Cross and a Book of the Gospels (or a copy of New Testament, or a Bible) should be placed on a table in front of the icons. A lamp or candle, and incense, if available, should be lit before the service begins.

Priest: Blessed is our God, always, now and ever, and unto the ages of ages. Amen.

Priest: Christ is risen from the dead,)
trampling down death by death,) *Twice*
and upon those in the tombs bestowing life!)

Priest: Christ is risen from the dead,
trampling down death by death,

Choir: and upon those in the tombs bestowing life!

THE GREAT LITANY

Reader: Through the prayers of our Holy Fathers, Lord Jesus Christ our God, have mercy upon us, and save us. Amen.

All: Christ is risen from the dead,)
trampling down death by death,) *Three times*
and upon those in the tombs bestowing life!)

In place of the GREAT LITANY, the choir sings:

Lord, have mercy. (x 12)

FIRST ANTIPHON

Psalm 102

Choir: Bless the Lord, O my soul:/ Blessed art Thou, O Lord.
Bless the Lord, O my soul:/ and all that is within me, bless His holy Name.
Bless the Lord, O my soul:/ and forget not all His benefits:
Who forgiveth all thine iniquities,/ Who healeth all thy diseases.
The Lord is merciful and gracious,/ slow to anger and plenteous in mercy.
Bless the Lord, O my soul:/ and all that is within me, bless His holy Name. Blessed art Thou, O Lord.

THE LITTLE LITANY

In place of the LITTLE LITANY, the choir sings:

Lord, have mercy. Lord, have mercy. Lord, have mercy.

SECOND ANTIPHON

Psalm 145

Choir: Glory be to the Father, and to the Son, and to the Holy Spirit.

Praise the Lord, O my soul./ While I live will I praise the Lord;/ I will sing praises unto my God while I have any being.
Put not your trust in princes, nor in any sons of men/ in whom there is no help.
His breath goeth forth, he returneth to his earth:/ in that very day his thoughts perish.
The Lord shall reign forever:/ even thy God, O Zion, unto all generations.

Both now and ever and unto the ages of ages. Amen.

O only-begotten Son and Word of God. O Thou Who art Immortal, yet for our salvation didst deign to be incarnate of the holy Mother of God and Ever-Virgin Mary; and without change wast made man; Who also wast crucified for us; and by death didst overcome death: save us, O Christ, our God; one Person of the Holy Trinity, glorified together with the Father and the Holy Spirit.

THE LITTLE LITANY

In place of the LITTLE LITANY, the choir sings:
Lord, have mercy. Lord, have mercy. Lord, have mercy.

THIRD ANTIPHON

The Beatitudes

Choir: In Thy Kingdom remember us, O Lord,/ when Thou comest in Thy Kingdom.

Blessed are the poor in spirit:/ for theirs is the Kingdom of Heaven.

Blessed are they that mourn:/ for they shall be comforted.

Blessed are the meek:/ for they shall inherit the earth.

Blessed are they which do hunger and thirst after righteousness:/ for they shall be filled.

Blessed are the merciful:/ for they shall obtain mercy.

Blessed are the pure in heart:/ for they shall see God.

Blessed are the peacemakers:/ for they shall be called the children of God.

Blessed are they which are persecuted for righteousness' sake:/ for theirs is the Kingdom of Heaven.

Blessed are ye when men shall revile you and persecute you,/ and shall say all manner of evil against you falsely, for my sake.

Rejoice and be exceeding glad://
for great is your reward in Heaven.

THE ENTRANCE WITH THE GOSPEL BOOK

Priest: Wisdom! Stand upright!

ENTRANCE HYMN

Choir: In the Churches bless God the Lord, from the springs of Israel. O Son of God, Who arose from the dead, save us who sing to Thee: Alleluia, alleluia, alleluia!

TROPARION

Troparion of Saint Thomas Sunday in Tone 7 [\[Music on website\]](#)

From the sealed tomb, Thou didst shine forth, O Life!

Through closed doors Thou didst come to Thy Disciples, O Christ God.

Renew in us through them an upright spirit, //

by the greatness of Thy mercy, O Resurrection of all!

Priest: For Holy art Thou, O our God, and unto Thee we ascribe glory; to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto the ages of ages. Amen.

THE TRISAGION

Choir: Holy God, Holy Mighty, Holy Immortal, have mercy on us. (x 3)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

Holy Immortal, have mercy on us.

Priest: Dynamis!

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

PROKEIMENON

Priest: Let us attend! Peace be to all!

Choir: And to thy spirit.

Priest: Wisdom!

Reader: The Prokeimenon in the Third Tone.

Reader: Great is our Lord, and abundant in power! His understanding is beyond measure!

Choir: Great is our Lord, and abundant in power! His understanding is beyond measure!

Reader: Praise the Lord! For it is good to sing praises to our God!

Choir: Great is our Lord, and abundant in power! His understanding is beyond measure!

Reader: Great is our Lord, and abundant in power!

Choir: His understanding is beyond measure!

EPISTLE

Priest: Wisdom!

Reader: The Reading from the Acts of the Holy Apostles.

Priest: Let us attend!

Reader: In those days: Many signs and wonders were done among the people by the hands of the apostles. And they were all together in Solomon's Portico. None of the rest dared join them, but the people held them in high honour. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, "Go and stand in the temple and speak to the people all the words of this Life." [Acts 5:12-20]

Priest: Peace be to thee that readest, and to all the people.

Reader: And to thy spirit. Alleluia, alleluia, alleluia!

ALLELUIA

Choir: Alleluia, alleluia, alleluia!

Reader: Come, let us rejoice in the Lord! Let us make a joyful noise to God our Saviour!

Choir: Alleluia, alleluia, alleluia!

Reader: For the Lord is a great God, and a great King over all the earth.

Choir: Alleluia, alleluia, alleluia!

THE GOSPEL

Priest: Wisdom! Stand upright! Let us hear the Holy Gospel.

All stand for the reading of the Gospel.

Priest: Peace be to all.

Reader: And to thy spirit.

If the service is being used at home without a priest or deacon, the Gospel is read by the most senior person present – e.g. a parent or grandparent – according to the situation. The Gospel is read in a normal speaking voice.

Priest/Reader: The Reading from the Holy Gospel according to John.

Choir: Glory be to Thee, O Lord, glory be to Thee.

Priest: Let us attend!

Priest/Reader: On the evening of that day, the first day of the week, the doors being shut where the disciples were for fear of the Jews, Jesus came and stood among them and said to them: "Peace be with you." When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." And when He had said this, He breathed on them, and said to them: "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him: "We have seen the Lord." But he said to them: "Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe." Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said: "Peace be with you." Then He said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing." Thomas answered Him, "My Lord and my God!" Jesus said to Him: "Have you believed because you have seen me? Blessed are those who have not seen and yet believe." Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name. [John 20:19-31]

Choir: Glory be to Thee, O Lord, glory be to Thee.

THE AUGMENTED LITANY

*In place of the AUGMENTED LITANY, the Choir sings:
Lord, have mercy. Lord, have mercy. Lord, have mercy.
Lord, have mercy. Lord, have mercy. Lord, have mercy.
Lord, have mercy. Lord, have mercy. Lord, have mercy.*

PRAYER TO THE LORD OF HOSTS

Reader: Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

Remember us, O Lord, when Thou comest into Thy Kingdom. *(All make a deep reverence)*

Remember us, O Master, when Thou comest into Thy Kingdom. *(Reverence)*

Remember us, O Holy One, when Thou comest into Thy Kingdom.
(Reverence)

The heavenly choir sings to Thee, and cries: Holy, Holy, Holy, Lord God of Hosts; heaven and earth are full of Thy glory.

Come unto Him and be enlightened, and your faces shall not be ashamed.

The heavenly choir sings to Thee, and cries: Holy, Holy, Holy, Lord God of Hosts; heaven and earth are full of Thy glory.

Glory to the Father, and to the Son, and to the Holy Spirit.

The choir of holy Angels and Archangels, with all the Powers of heaven, sing Thy praises and do cry: Holy, Holy, Holy, Lord God of Hosts; heaven and earth are full of Thy glory.

Both now and ever and unto ages of ages. Amen.

THE CREED (SYMBOL OF FAITH)

I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible.

And in one Lord, Jesus Christ, the only-begotten Son of God, begotten of the Father before all worlds, Light of Light, very God of very God, begotten, not made; of one substance with the Father, by Whom all things were made.

Who for us men and for our salvation came down from heaven, and was incarnate of the Holy Ghost and the Virgin Mary, and was made man. And was crucified also for us under Pontius Pilate, He suffered and was buried. And the third day He rose again, according to the Scriptures; and ascended into heaven, and sitteth at the right hand of the Father. And He shall come again with glory to judge the quick and the dead, Whose kingdom shall have no end.

And in the Holy Ghost, the Lord, the Giver of Life, Who proceedeth from the Father;

Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets.

In One Holy Catholic and Apostolic Church.

I acknowledge one Baptism for the remission of sins.

And I look for the Resurrection of the dead, and the life of the world to come. Amen.

PRAYER OF FORGIVENESS

Reader: O God, remit, pardon and forgive our sins, whether voluntary or involuntary, whether by words or deeds, whether in knowledge or ignorance, whether by day or night, whether in mind or thought; forgive us all these, for Thou art good and lovest mankind.

THE LORD'S PRAYER

Our Father, who art in heaven,
hallowed be Thy name, Thy Kingdom come.
Thy will be done, on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from the evil one.

Priest: For Thine is the Kingdom, and the power, and the glory, of the Father, and of the Son, and of the Holy Spirit, now and ever and unto the ages of ages. Amen.

Reader: Through the prayers of our Holy Fathers, Lord Jesus Christ our God, have mercy upon us, and save us. Amen.

KONTAKION

Kontakion of Saint Thomas Sunday in Tone 8 [Music on website]

Thomas touched Thy life-giving side with an eager hand, O Christ God, when Thou didst come to Thine Apostles through closed doors.//
He cried out with all: "Thou art my Lord and my God!"

Reader: Lord, have mercy. (x 12)

Reader: All-holy Trinity, Mighty one in essence, Kingdom undivided, origin of all good things, be graciously inclined also to me, a sinner. Establish me; give understanding to my heart, and purge away all my vileness. Enlighten my mind, that I may glorify, sing praises, and adore Thee, and say:

Choir: One is Holy,/ One is Lord,/ Jesus Christ,/ to the glory of God the Father. Amen.

Choir: Blessed be the Name of the Lord, from this time forth and for evermore. (x 3)

Reader: Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

PSALM 33

Reader: I will bless the Lord at all times; his praise shall continually be in my mouth. My soul makes its boast in the Lord; let the afflicted hear and be glad. O magnify the Lord with me, and let us exalt His name together. I sought the Lord, and he answered me, and delivered me from all my fears. Look to Him, and be radiant; so your faces shall never be ashamed. This poor man cried, and the Lord heard him, and saved him out of all his troubles. The angel of the Lord encamps around those who fear Him, and delivers them. O taste and see that the Lord is good! Happy is the man who takes refuge in Him! O fear the Lord, you His saints, for those who fear Him have no want. The young lions suffer want and hunger; but those who seek the Lord lack no good thing. Come, O sons, listen to me, I will teach you the fear of the Lord. What man is there who desires life, and covets many days, that he may enjoy good? Keep your tongue from evil, and your lips from speaking deceit. Depart from evil, and do good; seek peace, and pursue it. The eyes of the Lord are toward the righteous, and his ears toward their cry. The face of the Lord is against evildoers, to cut off the remembrance of them from the earth. When the righteous cry for help, the Lord hears, and delivers them out of all their troubles. The Lord is near to the broken-hearted, and saves the crushed in spirit. Many are the afflictions of the righteous; but the Lord delivers him out of them all. He kept all his bones; not one of them is broken. Evil shall slay the wicked; and those who hate the righteous will be condemned. The Lord redeems the life of his servants; none of those who take refuge in Him will be condemned.

THE ZADOSTOYNIK

Choir:

The Angel cried to the Lady, full of grace: [Music on website]
"Rejoice, O pure Virgin!
Again, I say: Rejoice,
thy Son is risen from His three days in the tomb!
With Himself He has raised all the dead."
Rejoice, O ye people!
Shine, shine, O new Jerusalem!
The glory of the Lord has shone on thee.
Exult now, and be glad, O Zion!
Be radiant, O pure Theotokos, in the Resurrection of thy Son!

THE DISMISSAL

Priest: Glory to Thee, O Christ our God and our Hope, glory to Thee!

Reader: Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.
Lord, have mercy. Lord, have mercy. Lord, have mercy.

Reader: Father, give the blessing.

The Priest gives the blessing.

Priest: Christ is risen!) *Three times*

Reader: He is risen indeed!)

Priest: Glory to His Holy third-day Resurrection!

Reader: We adore His third-day Resurrection!

Priest: Christ is risen from the dead,
trampling down death by death,

Choir: and upon those in the tombs bestowing life!

Reader: Bless, O Lord.

Reader: Lord Jesus Christ, Who rose again from the dead, trampling down death by death, and upon those in the tombs bestowing life; through the intercessions of Thine all-immaculate and all-blameless Holy Mother; by the might of the precious and life-giving Cross; by the protection of the honourable Bodiless Powers of heaven; at the supplications of the Holy, glorious Prophet, Forerunner and Baptist, John; of the Holy, glorious, and all-laudable Apostles; of our Venerable and God-bearing Fathers; of our Father among the Saints, Chad, Bishop of Lichfield, Patron and Protector of this Community; of the Holy and Righteous Ancestors of God, Joachim and Anna; and of all the Saints, have mercy upon us and save us. Amen.

All: Christ is risen from the dead,
trampling down death by death,
and upon those in the tombs bestowing life!