

# VESPERS SUNG ON SATURDAY 13<sup>th</sup> MARCH 2021

✱ “LORD I CALL...”

**Tone 7**

[Music on website]

Lord, I call upon Thee, hear me.  
Hear me, O Lord.  
Lord, I call upon Thee, hear me.  
Receive the voice of my prayer,  
when I call upon Thee.//  
Hear me, O Lord.

Let my prayer arise  
in Thy sight as incense,  
and let the lifting up of my hands  
be an evening sacrifice.//  
Hear me, O Lord.

*Bring my soul out of prison, that I may give thanks to Thy Name!*

**Tone 7**

[Music on website]

Come, let us rejoice in the Lord,  
Who destroyed the dominion of death!  
Let us sing to Him with the bodiless hosts,  
for He enlightened the race of man!//  
O our Maker and Saviour, glory to Thee!

*The righteous await me; for Thou wilt deal bountifully with me.*

Thou didst endure the Cross and burial for our sake.  
By Thy death, Thou didst destroy death as God.  
We fall down before Thy Resurrection on the third day,//  
O Saviour, glory to Thee!

*Out of the depths I cry to Thee, O Lord. Lord, hear my voice!*

When the Apostles beheld the Resurrection of the Maker,  
they were amazed and sang the angelic praise.  
This is the glory of the Church.  
This is the richness of the Kingdom.//  
O Lord, crucified for our sake, glory to Thee!

*Let Thine ears be attentive to the voice of my supplications!*

Thou wast held by lawless men, O Christ,  
but to me, Thou art God, and I am not ashamed.  
Thou wast smitten on the cheek, but I do not deny Thee.  
Thou wast nailed to the Cross and I do not conceal it,  
for I glory in Thy Resurrection: Thy death is my life.//  
O almighty Lord and Lover of man, glory to Thee!

*If Thou, O Lord, shouldst mark iniquity, Lord, who could stand? But there is forgiveness with Thee.*

Fulfilling the prophecy of David,  
Christ manifested His greatness in Zion to the disciples.  
He is praised and always glorified,  
together with the Father and the Holy Spirit.  
At first as the Word, He was bodiless,  
but then He took flesh and was slain for our sake.//  
He rose in power as the Lover of man!

*For Thy Name's sake I wait for Thee, O Lord. My soul has waited for Thy Word; my soul has hoped on the Lord.*

Thou didst descend into hell as thou didst will, O Christ,  
overthrowing death as God and rising on the third day as Master!  
With Thyself Thou didst raise Adam  
from the bonds of hell and from corruption!//  
Glory to Thy Resurrection, O only Lover of man!

*From the morning watch until night, from the morning watch, let Israel hope on the Lord!*

**Tone 6 (For Cheesefare Sunday)**

[Music on website]

The Lord took a handful of dust from the earth.  
He breathed into it and created me, a living man.  
He made me lord and master of all things on earth;  
truly I enjoyed the life of the angels.  
But Satan the deceiver tempted me in the guise of a serpent;  
I ate the forbidden fruit and forfeited the glory of God.  
Now I have been delivered to the earth through death.//  
O my compassionate Lord, call me back to Eden!

*For with the Lord there is mercy and with Him is plenteous redemption,  
and He will deliver Israel from all his iniquities.*

When the Enemy tempted me,  
I disobeyed Thy command, O Lord.  
I exchanged the glory of my mortal body for shame and nakedness.  
Now I must wear garments of skins and fig-leaves;  
I am condemned to eat the bread of bitter hardship by the sweat  
of my brow.  
The earth is cursed and bringeth forth thorns and husks for me.  
O Lord, Thou didst take on flesh from the Virgin in the fullness of time;//  
call me back and restore me to Eden!

*Praise the Lord, all nations! Praise Him, all peoples!*

O Paradise, garden of delight and beauty,  
dwelling-place made perfect by God,  
unending gladness and eternal joy,  
the hope of the prophets and the home of the saints,  
by the music of thy rustling leaves beseech the Creator of all  
to open the gates which my sins have closed,  
that I may partake of the Tree of Life and Grace//  
which was given to me in the beginning!

*For His mercy is confirmed on us; and the truth of the Lord endureth  
forever.*

Adam was exiled from Paradise through disobedience;  
he was driven from eternal bliss, deceived by the words of Eve;  
he sat naked and weeping before the gates of Paradise.  
Let us hasten to enter the season of fasting;  
let us carefully obey the Gospel commands,  
that we may be made acceptable to Christ our God,//  
and regain our home in Eden!

*Glory to the Father, and to the Son, and to the Holy Spirit;*

### **Tone 6 (For Cheesefare Sunday)**

[\[Music on website\]](#)

Adam sat before the gates of Eden,  
bewailing his nakedness and crying out:  
“Woe to me! I have listened to wicked deceit;  
I have lost my glory, and now am driven away!  
Woe to me! My open-mindedness hath left me naked and confused!  
No longer will I enjoy thy delights, O Paradise;  
no longer can I see my Lord, my God and Creator.  
He formed me from dust, and now to the dust I return!  
I beg Thee, O compassionate Lord://  
Have mercy on me who have fallen!”

*Both now and ever, and unto ages of ages. Amen.*

### **Tone 7 (Theotokion – Dogmatikon)**

[\[Music on website\]](#)

No tongue can speak of thy wonderful childbearing,  
for the order of nature was overruled by God.  
Thou wast revealed to be a Mother above nature,  
for thou didst remain a Virgin beyond reason and understanding.  
Thy conception was most glorious, O Theotokos!  
The manner of thy giving birth was ineffable, O Virgin!  
Knowing thee to be the Mother of God,  
devoutly we pray to thee://  
“Beseech Him to save our souls!”

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✠ **READINGS** – No readings are appointed for today

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### ✠ **APOSTICHA**

#### **Tone 7**

[\[Music on website\]](#)

As the Saviour of the world Thou didst arise from the tomb.  
As God Thou didst resurrect the race of man with Thy flesh.//  
O Lord, glory to Thee!

*v. The Lord is King; He is robed in majesty!*

Come, let us worship the One Who rose from the dead,  
and enlightened all creation!  
By His death, He saved us from the torments of hell.//  
By His Resurrection He has granted us eternal life and great mercy.

*v. For He has established the world, so that it shall never be moved.*

Thou didst descend into hell, capturing death, O Christ.  
In three days Thou didst arise again,  
resurrecting us who glorify Thy Resurrection,//  
O Lord and Lover of man.

*v. Holiness becometh Thy house, O Lord, forevermore!*

When Thou wast placed in the tomb as one asleep,  
the sight was great and awesome.  
But when Thou didst rise on the third day as almighty God,  
Thou didst resurrect Adam with Thyself.//  
Glory to Thy Resurrection, only Lover of man!

*Glory to the Father, and to the Son, and to the Holy Spirit;*

**Tone 6 (For Cheesefare Sunday)** [\[Music on website\]](#)

Adam ate the forbidden fruit and was driven from Paradise.  
He sat outside, weeping bitterly:  
“Woe to me! What will become of me, a worthless man?  
I disobeyed one command of my Master and lost every good thing!  
O holy Paradise, planted for me by God, and closed by the weakness  
of Eve,  
grant that I may once again gaze on the flowers of thy gardens!”  
The Saviour said to him:  
“I do not wish the death of My creation!  
I desire that all should be saved and come to the knowledge of  
the truth,//  
for he who comes to Me I shall never cast out!”

*both now and ever, and unto ages of ages. Amen.*

**Tone 6 (Aposticha Theotokion)** [\[Music on website\]](#)

My Maker and Redeemer, Christ the Lord,  
was born of thee, O most pure Virgin.  
By accepting my nature, He freed Adam from his ancient curse.  
Unceasingly we magnify thee as the Mother of God!  
Rejoice, O celestial Joy!  
Rejoice, O Lady://  
the protection, intercession and salvation of our souls!

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✠ **TROPARIA**

**Troparion of the Resurrection in Tone 7** [\[Music on website\]](#)

By Thy Cross Thou didst destroy death.  
To the thief Thou didst open Paradise.  
For the Myrrhbearers Thou didst change weeping into joy,  
and Thou didst command Thy disciples, O Christ God,  
to proclaim that Thou art risen,//  
granting the world great mercy.

*Glory to the Father, and to the Son, and to the Holy Spirit;  
both now and ever, and unto ages of ages. Amen.*

**Resurrectional Dismissal Theotokion in Tone 7** [\[Music on website\]](#)

Because thou art the treasure of our Resurrection,  
lead us forth from the pit of transgressions  
who put our hope in thee, O all-hymned one.  
for thou hast saved those guilty of sin,  
by giving birth to our Salvation.  
O thou who wast virgin before thy birthgiving,  
and in giving birth wast virgin,//  
and after giving birth remainest virgin still.