

READER'S SERVICE FOR SUNDAY 10th MAY 2020

4th Sunday of Pascha • Sunday of the Paralytic • St Simon Zelotes

The 'Reader' may be the most senior person present – e.g. a parent or grandparent, according to the situation – or simply the most confident reader or singer. The parts marked for the 'Choir' can be read or sung by everyone together, or by one person alone. Music for some parts may be found on the website: www.orthodoxcommunityrugby.com/choir/ If no one present is a confident singer, the service can be chanted on one note, or simply read. You may prefer to use parts of the service in your own language. If so, please make sure that the prayers are read from an Orthodox prayer book or service book.

Before the Service

If possible, the Service should be said in front of the household icons – e.g. in the family icon corner. If practical, and if they are available, a Cross and a Book of the Gospels (or a copy of New Testament, or a Bible) should be placed on a table in front of the icons. A lamp or candle, and incense, if available, should be lit before the Service begins.

Reader: Through the prayers of our Holy Fathers, Lord Jesus Christ our God, have mercy upon us, and save us. Amen.

All: Christ is risen from the dead,)
trampling down death by death,) *Three times*
and upon those in the tombs bestowing life!)

*In place of the GREAT LITANY, the choir sings:
Lord, have mercy. (x 12)*

FIRST ANTIPHON

[Music on website]

Make a joyful noise to God, all the earth! Sing of His name, give glory to His praise!

Through the prayers of the Theotokos, O Saviour, save us!

Say to God: "How awesome are Thy deeds! So great is Thy power that Thine enemies cringe before Thee!"

Through the prayers of the Theotokos, O Saviour, save us!

Let all the earth worship Thee and praise Thee! Let it praise Thy name, O most High!

Through the prayers of the Theotokos, O Saviour, save us!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Through the prayers of the Theotokos, O Saviour, save us!

In place of the LITTLE LITANY, the choir sings:

Lord, have mercy. Lord, have mercy. Lord, have mercy.

SECOND ANTIPHON

[Music on website]

God be bountiful and bless us! Show the light of Thy countenance upon us and have mercy on us!

O Son of God Who arose from the dead, save us who sing to Thee: Alleluia!

That we may know Thy way upon the earth, and Thy salvation among all nations.

O Son of God Who arose from the dead, save us who sing to Thee: Alleluia!

Let the people give thanks to Thee, O God! Let all the people give thanks to Thee!

O Son of God Who arose from the dead, save us who sing to Thee: Alleluia!

Glory be to the Father, and to the Son, and to the Holy Spirit;
Both now and ever and unto the ages of ages. Amen.

O only-begotten Son and Word of God. O Thou Who art Immortal, yet for our salvation didst deign to be incarnate of the holy Mother of God and Ever-Virgin Mary; and without change wast made man; Who also wast crucified for us; and by death didst overcome death: save us, O Christ, our God; one Person of the Holy Trinity, glorified together with the Father and the Holy Spirit.

In place of the LITTLE LITANY, the choir sings:

Lord, have mercy. Lord, have mercy. Lord, have mercy.

THIRD ANTIPHON

Reader: Let God arise, let His enemies be scattered; let those who hate Him flee from before His face!

All: Christ is risen from the dead,
trampling down death by death,
and upon those in the tombs bestowing life!

Reader: As smoke vanishes, so let them vanish; as wax melts before the fire!

All: Christ is risen from the dead ...

Reader: So the sinners will perish before the face of God. But let the righteous be glad!

All: Christ is risen from the dead ...

Reader: This is the day which the Lord has made. Let us rejoice and be glad in it.

All: Christ is risen from the dead ...

ENTRANCE HYMN

In the Churches bless God the Lord, from the springs of Israel. O Son of God, Who arose from the dead, save us who sing to Thee: Alleluia!

TROPARION & KONTAKIA

Troparion of the Resurrection

Tone 3

[Music on website]

Let the heavens rejoice!

Let the earth be glad!

For the Lord has shown strength with His arm.

He has trampled down death by death.

He has become the first born of the dead.

He has delivered us from the depths of hell,

and has granted to the world//

great mercy.

Glory to the Father, and to the Son, and to the Holy Spirit.

Kontakion of the Paralytic

Tone 3

[Music on website]

By Thy divine intercession, O Lord,

as Thou didst raise up the Paralytic of old,

so raise up my soul, paralyzed by sins and thoughtless acts;

so that being saved I may sing to Thee://

“Glory to Thy majesty, O bountiful Christ!”

Both now and ever, and unto the ages of ages. Amen.

Kontakion of Pascha

Tone 8

[Music on website]

Thou didst descend into the tomb, O Immortal,

Thou didst destroy the power of death.

In victory Thou didst arise, O Christ God,

proclaiming, “Rejoice!” to the Myrrh-bearing Women,//

granting peace to Thine Apostles, and bestowing Resurrection on the fallen.

Reader: Through the prayers of our Holy Fathers, Lord Jesus Christ our God, have mercy upon us, and save us. Amen.

THE TRISAGION

Choir: Holy God, Holy Mighty, Holy Immortal, have mercy on us. (x 3)

Glory be to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

PROKEIMENON

Reader: The Prokeimenon in the First Tone.

Reader: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

Choir: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

Reader: Rejoice in the Lord, O you righteous! Praise befits the just!

Choir: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

Reader: Let Thy mercy, O Lord, be upon us

Choir: as we have set our hope on Thee.

EPISTLE

Reader: The Reading from the Acts of the Holy Apostles [Acts 9:32-42]

Reader: In those days: As Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, “Aeneas, Jesus Christ heals you; rise

and make your bed.” And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, “Please come to us without delay.” So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, “Tabitha, rise.” And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

ALLELUIA

Choir: Alleluia, alleluia, alleluia!

Reader: I will sing of Thy mercies, O Lord forever; with my mouth I will proclaim Thy truth from generation to generation.

Choir: Alleluia, alleluia, alleluia!

Reader: For Thou hast said: Mercy will be established forever, and my truth will be prepared in the heavens.

Choir: Alleluia, alleluia, alleluia!

THE GOSPEL

All stand for the reading of the Gospel. In these exceptional circumstances, the Gospel may be read by the most senior person present – e.g. a parent or grandparent – according to the situation.

Reader: The Reading from the Holy Gospel according to John [5:1-15]

Choir: Glory be to Thee, O Lord, glory be to Thee.

Reader: At that time: Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda, which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water;

whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, “Do you want to be healed?” The sick man answered him, “Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me.” Jesus said to him, “Rise, take up your pallet, and walk.” And at once the man was healed, and he took up his pallet and walked. Now that day was the Sabbath. So the Jews said to the man who was cured, “It is the Sabbath; it is not lawful for you to carry your pallet.” But he answered them, “The man who healed me said to me, ‘Take up your pallet, and walk.’” They asked him, “Who is the man who said to you, ‘Take up your pallet, and walk?’” Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, “See, you are well! Sin no more, that nothing worse befall you.” The man went away and told the Jews that it was Jesus who had healed him.

Choir: Glory be to Thee, O Lord, glory be to Thee.

Instead of the AUGMENTED LITANY, the Choir sings:
Lord, have mercy. (x 12)

PRAYER TO THE LORD OF HOSTS

Reader: Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

Remember us, O Lord, when Thou comest into Thy Kingdom. *(All make a deep reverence)*

Remember us, O Master, when Thou comest into Thy Kingdom. *(Reverence)*

Remember us, O Holy One, when Thou comest into Thy Kingdom. *(Reverence)*

The heavenly choir sings to Thee, and cries: Holy, Holy, Holy, Lord God of Hosts; heaven and earth are full of Thy glory.

Come unto Him and be enlightened, and your faces shall not be ashamed.

The heavenly choir sings to Thee, and cries: Holy, Holy, Holy, Lord God of Hosts; heaven and earth are full of Thy glory.

Glory to the Father, and to the Son, and to the Holy Spirit.

The choir of holy Angels and Archangels, with all the Powers of heaven, sing Thy praises and do cry: Holy, Holy, Holy, Lord God of Hosts; heaven and earth are full of Thy glory.

Both now and ever and unto ages of ages. Amen.

THE CREED (SYMBOL OF FAITH)

I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible.

And in one Lord, Jesus Christ, the only-begotten Son of God, begotten of the Father before all worlds, Light of Light, very God of very God, begotten, not made; of one substance with the Father, by Whom all things were made.

Who for us men and for our salvation came down from heaven, and was incarnate of the Holy Ghost and the Virgin Mary, and was made man.

And was crucified also for us under Pontius Pilate, He suffered and was buried.

And the third day He rose again, according to the Scriptures; and ascended into heaven, and sitteth at the right hand of the Father. And He shall come again with glory to judge the quick and the dead, Whose kingdom shall have no end.

And in the Holy Ghost, the Lord, the Giver of Life, Who proceedeth from the Father;

Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets.

In One Holy Catholic and Apostolic Church.

I acknowledge one Baptism for the remission of sins.

And I look for the Resurrection of the dead, and the life of the world to come. Amen.

PRAYER OF FORGIVENESS

Reader: O God, remit, pardon and forgive our sins, whether voluntary or involuntary, whether by words or deeds, whether in knowledge or ignorance, whether by day or night, whether in mind or thought; forgive us all these, for Thou art good and lovest mankind.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name, Thy Kingdom come.

Thy will be done, on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses,

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from the evil one.

Reader: Through the prayers of our Holy Fathers, Lord Jesus Christ our God, have mercy upon us, and save us. Amen.

Reader: Lord, have mercy. (x 12)

All-holy Trinity, Mighty one in essence, Kingdom undivided, origin of all good things, be graciously inclined also to me, a sinner. Establish me; give understanding to my heart, and purge away all my vileness. Enlighten my mind, that I may glorify, sing praises, and adore Thee, and say:

Choir: One is Holy,/ One is Lord, Jesus Christ,/ to the glory of God the Father. Amen.

Choir: Blessed be the Name of the Lord, from this time forth and for evermore.

Blessed be the Name of the Lord, from this time forth and for evermore.

Blessed be the Name of the Lord, from this time forth and for evermore.

Reader: Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

PSALM 33

Reader: I will bless the Lord at all times; his praise shall continually be in my mouth. My soul makes its boast in the Lord; let the afflicted hear and be glad. O magnify the Lord with me, and let us exalt His name together. I sought the Lord, and he answered me, and delivered me from all my fears. Look to Him, and be radiant; so your faces shall never be ashamed. This poor man cried, and the Lord heard him, and saved him

out of all his troubles. The angel of the Lord encamps around those who fear Him, and delivers them. O taste and see that the Lord is good! Happy is the man who takes refuge in Him! O fear the Lord, you His saints, for those who fear Him have no want. The young lions suffer want and hunger; but those who seek the Lord lack no good thing.

Come, O sons, listen to me, I will teach you the fear of the Lord. What man is there who desires life, and covets many days, that he may enjoy good? Keep your tongue from evil, and your lips from speaking deceit. Depart from evil, and do good; seek peace, and pursue it. The eyes of the Lord are toward the righteous, and his ears toward their cry. The face of the Lord is against evildoers, to cut off the remembrance of them from the earth. When the righteous cry for help, the Lord hears, and delivers them out of all their troubles. The Lord is near to the broken-hearted, and saves the crushed in spirit. Many are the afflictions of the righteous; but the Lord delivers him out of them all. He kept all his bones; not one of them is broken. Evil shall slay the wicked; and those who hate the righteous will be condemned. The Lord redeems the life of his servants; none of those who take refuge in Him will be condemned.

THE ZADOSTOYNIK

Choir: [Music on website]

The Angel cried to the Lady, full of grace:
"Rejoice, O pure Virgin! Again, I say: Rejoice,
thy Son is risen from His three days in the tomb!
With Himself He has raised all the dead."
Rejoice, O ye people!
Shine, shine, O new Jerusalem!
The glory of the Lord has shone on thee.
Exult now, and be glad, O Zion!
Be radiant, O pure Theotokos,
in the Resurrection of thy Son!

THE DISMISSAL

Choir: Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

Lord, have mercy. Lord, have mercy. Lord, have mercy. Bless, O Lord.

Reader: Lord Jesus Christ, Who rose again from the dead, trampling down death, and upon those in the tombs bestowing life, through the intercessions of Thy most pure Mother; by the might of the precious and life-giving Cross; by the protection of the honourable bodiless powers of heaven; at the supplications of our Holy, Venerable and God-bearing Fathers; of our Father among the Saints, Chad, Bishop of Lichfield, Patron and Protector of this Community; of the Holy, glorious and all-laudable Apostle Simon Zelotes, whose memory we celebrate, and of all Thy Saints, have mercy upon us and save us. Amen.

All kiss the Gospel Book (or New Testament, or Bible) and the Cross placed on the table. When all have done so, the reader or choir sings slowly:

Lord, have mercy. Lord, have mercy. Lord, have mercy.

All: Christ is risen from the dead,)
trampling down death by death,) *Three times*
and upon those in the tombs bestowing life!)