

SUNDAY 1 MARCH 2020

Forgiveness Sunday ♦ Sunday of Cheesefare

MATINS

“God is the Lord...” with its stichoi in Tone 4. Then the **Troparia**:

Tone 4	Troparion of the Resurrection Glory ...	Green Book page 4
Tone 4	Troparion of the Resurrection Both now ...	Green Book page 4
Tone 4	Resurrectional Dismissal Theotokion	Folder

The **Kathismata** from the Octoechos Tone 4.

Polieley

| **By the Waters of Babylon** |

Troparia of the Resurrection / Evlogetaria

The **Hypakoë**, **Anabathmoi** and the **Prokeimenon** with its accompanying stichos are all from the Octoechos Tone 4.

The 4th Eothinon Gospel is read from the Holy Table.

After the Gospel:

“Having beheld the Resurrection of Christ ...”

Psalm 50

After Psalm 50:

Tone 8: Glory... “Open to me the gates of repentance ...”

Tone 8: Both now... “Lead me on the paths of salvation ...”

Tone 6: “Have mercy on me, O God ...”

Tone 6: “When I think of the many evil things I have done ...”

The **Intercession**

The **Magnificat / Megalynarion**

Little Litany

The Great Doxology followed by the Troparion: “Rising from the Tomb ...”

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DIVINE LITURGY

TYPICAL PSALMS AND BEATITUDES

ENTRANCE HYMN

O come, let us worship and fall down before Christ. O Son of God, who art risen from the dead, save us who sing to Thee: Alleluia!

TROPARIA AND KONTAKIA

Tone 4	Troparion of the Resurrection	Green Book page 4
Tone 2	Troparion of Saint Chad	Folder
	Glory ...	
Tone 2	Kontakion of Saint Chad	Folder
	Both now ...	
Tone 6	Kontakion of Cheesefare Sunday	Green Book page 23

TRISAGION

PROKEIMENON Tone 8

Pray and make your vows * before the Lord our God!
v. In Judah God is known; His name is great in Israel!

EPISTLE: Romans 13:11 – 14:4

ALLELUIA

v. It is good to give thanks to the Lord, to sing praises to Thy name, O Most High!
v. To declare Thy mercy in the morning, and Thy truth by night!

GOSPEL: Matthew 6:14-21

MEGALYNARION

“It is truly meet” / “Meet it is in truth” Folder

COMMUNION HYMN

Praise the Lord from the heavens, praise Him in the highest! Alleluia, Alleluia, Alleluia!