

SUNDAY 15 SEPTEMBER 2019

13th Sunday after Pentecost • Sunday after the Exaltation of the Cross

MATINS

“**God is the Lord...**” with its stichoi in Tone 4. Then the **Troparia**:

Tone 4 Troparion of the Resurrection Green Book page 8

Glory ...

Tone 4 Troparion of the Resurrection Green Book page 8

Both now ...

Tone 1 Troparion of the Holy Cross White Book page 15 (1)

NB: We sing “... by the **power** of Thy Cross ...” as on the sheet.

The **Kathismata** from the Octoechos, Tone 4, with the verses on “Both now ...” for the Cross, as follows:

First Kathisma

We adore the wood of Thy Cross, O Lover of mankind; for Thou wast nailed thereon, O Life of all. O Saviour, Thou didst open paradise to the thief who approached Thee with faith. He was counted worthy of bliss, confessing Thee, “Remember me, O Lord.” Receive us, therefore, as Thou didst receive him, as we cry to Thee: “We have all sinned against Thy compassion; turn not away from us!”

Second Kathisma

By the mere planting of Thy Cross, O Christ, the foundations of death were shaken. Hades did swallow Thee eagerly, but it disgorged Thee with trembling. Thou hast shown us Thy salvation, O Holy One; wherefore we glorify Thee, O Son of God. Have mercy upon us.

Polieley is sung

Troparia of the Resurrection / Evlogetaria are sung

The **Hypakoë**, **Anabathmoi** and the **Prokeimenon** with its accompanying stichos are all from the Octoechos, Tone 4

The 2nd Eothinon Gospel is read from the Holy Table.

After the Gospel:

“Having beheld the Resurrection of Christ ...”

Psalm 50

Troparia following Psalm 50

The Intercession

The **Great Doxology** with the Troparion “Rising from the Tomb ...”

DIVINE LITURGY

FESTAL ANTIPHONS

White Book page 12ff

ENTRANCE HYMN

*The Introit of the Little Entrance (White Book page 14) is **NOT** read after the fourth singing of the Troparion. “Wisdom! Stand upright!” is immediately followed by:*

O come, let us worship and fall down before Christ. O Son of God, **who art risen from the dead**, save us who sing to Thee: Alleluia!

TROPARIA & KONTAKIA

Tone 4 Troparion of the Resurrection Green Book page 8

Tone 1 Troparion of the Holy Cross White Book page 15
NB: We sing “... by the **power** of Thy Cross ...” as on the sheet.

Tone 2 Troparion of Saint Chad Folder

Tone 4 Kontakion of the Resurrection Green Book page 8
Glory ...

Tone 2 Kontakion of Saint Chad Folder
Both now ...

Tone 4 Kontakion of the Holy Cross White Book page 17

TRISAGION (“Holy God ...”) as usual

PROKEIMENON Tone 7

Extol the Lord our God. * Worship at His footstool, for it is holy!

v: The Lord reigns; let the people tremble!

EPISTLE: Galatians 2:16-20

ALLELUIA

v: Remember Thy congregation, which Thou hast purchased of old.

v: God is our King before the ages: He hath wrought salvation in the midst of the earth.

GOSPEL: Mark 8:34-9:1

MEGALYNARION

Magnify, O my soul, the most precious Cross of the Lord!

White Book page 23

COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest! The light of Thy countenance is marked upon us, O Lord. Alleluia, Alleluia, Alleluia!