

## SUNDAY 31 MARCH 2019

### Third Sunday of Great Lent • The Veneration of the Holy Cross

#### MATINS

“God is the Lord...” in Tone 3 with its stichoi. Then the **Troparia**:

**Tone 3** Troparion of the Resurrection Green Book page 6

**Glory ...**

**Tone 1** Troparion of the Holy Cross Green Book page 30

NB: We sing “... by the **power** of Thy Cross ...” as on the sheet.

**Both now ...**

**Tone 1** Resurrectional Dismissal Theotokion Sheet/Folder

The **First Kathisma** and **Second Kathisma** from the Octoechos, Tone 3. In the First Kathisma, the verse on “Both now” is replaced by the Resurrectional Dismissal Theotokion:

We hymn thee who hast mediated the salvation of our race, O Virgin Theotokos; for thy Son and our God, accepting suffering on the Cross in the flesh He had received of thee, hath delivered us from corruption, in that He is the Lover of mankind.

Polielely is **not** sung. The Patriarchal Typikon indicates that the Evlogetaria are **omitted**.

#### **Third Kathisma of the Cross**

In Paradise of old the tree stripped me naked; for by giving me its fruit to eat, the enemy brought in death. But now the Tree of the Cross that clothes men with the garment of life has been set up on earth, and the whole world is filled with boundless joy. Beholding it venerated, O ye people, let us with one accord raise in faith our cry to God: His house is full of glory.

**Glory ... Both now ...**

*Repeat:* In Paradise of old ...

The **Hypakoë**, **Anabathmoi** and the **Prokeimenon** with its accompanying stichos from the Octoechos, Tone 3.

The 11<sup>th</sup> Eothinon Gospel is read from the Holy Table. After the Gospel:

“Having beheld the Resurrection of Christ ...”

Psalm 50

**Tone 8:** Glory... “Open to me the gates of repentance ...”

**Tone 8:** Both now... “Lead me on the paths of salvation ...”

**Tone 6:** “Have mercy on me, O God ...”

**Tone 6:** “When I think of the many evil things I have done ...”

The **Intercession**, followed by the **Great Doxology**

At the end of the Great Doxology, “Holy God ...” onwards is sung **very slowly**. Preceded by candles and the censer, the Holy Cross is brought in procession through the North Door of the Altar and around the Church as in the Great Entrance, while the choir sings “Holy God ...” etc. When the procession reaches the Ambon, the priest raises the Cross and says “Wisdom! Let us attend!”

The Troparion “O Lord save Thy people ...” (Green Book page 30) is sung three times while the priest places the Cross on the analogion and censes it from the four sides.

The priest sings “Before Thy Cross we bow down in worship ...” (Green Book page 122) and makes two prostrations before the Holy Cross, kisses it, then makes a third prostration.

The choir repeats “Before Thy Cross we bow down in worship ...” twice more, followed by the stikhera “Come, ye faithful ...” etc. (Lenten Triodion page 348ff) while all venerate the Holy Cross in the same way.

## **DIVINE LITURGY OF SAINT BASIL THE GREAT**

### **TYPICAL PSALMS AND BEATITUDES**

#### **ENTRANCE HYMN**

O come, let us worship and fall down before Christ. O Son of God, Who art risen from the dead, save us who sing to Thee: Alleluia!

#### **TROPARIA & KONTAKIA**

<b>Tone 3</b>	Troparion of the Resurrection	Green Book page 6
<b>Tone 1</b>	Troparion of the Holy Cross NB: We sing “... by the <b>power</b> of Thy Cross ...” as on the sheet. <b>Glory ...</b>	Green Book page 30
<b>Tone 7</b>	Kontakion of the Holy Cross <b>Both now ...</b>	Green Book page 30
<b>Tone 8</b>	“To thee the champion leader ...”	Sheet

Instead of the Trisagion: “Before Thy Cross ...” Green Book page 122

#### **PROKEIMENON** Tone 6

O Lord, save Thy people \* and bless Thine inheritance!

v: To Thee, O Lord, will I call. O my God, be not silent to me!

**EPISTLE:** Hebrews 4:14-5:6

#### **ALLELUIA** Tone 1

v: Remember Thy congregation, which Thou hast purchased of old!

v: God is our King before the ages; He has worked salvation in the midst of the earth!

**GOSPEL:** Mark 8:34-9:1

#### **MEGALYNARION**

“All of creation rejoices in Thee ...”

Green Book page 119 **OR** 120 **OR** Folder

#### **COMMUNION HYMN**

The light of Thy countenance is marked upon us, O Lord. Alleluia, Alleluia, Alleluia!

Instead of “We have seen the true Light ...”

Troparion of the Holy Cross