

SUNDAY 16 SEPTEMBER 2018 ♦ 16th Sunday after Pentecost
Sunday after the Exaltation of the Cross ♦ Great Martyr Euphemia the All-praised

MATINS

“**God is the Lord...**” with its stichoi in Tone 7. Then the **Troparia:**

Tone 7 Troparion of the Resurrection Green Book page 14

Glory ...

Tone 4 Troparion of Saint Euphemia Sheet

Both now ...

Tone 1 Troparion of the Holy Cross White Book page 15 (1)

NB: We sing “... by the **power** of Thy Cross ...” as on the sheet.

The **Kathismata** from the Octoechos, Tone 7, with the verses on “Both now ...” for the Cross, as follows:

First Kathisma

We adore the wood of Thy Cross, O Lover of mankind; for Thou wast nailed thereon, O Life of all. O Saviour, Thou didst open paradise to the thief who approached Thee with faith. He was counted worthy of bliss, confessing Thee, “Remember me, O Lord.” Receive us, therefore, as Thou didst receive him, as we cry to Thee: “We have all sinned against Thy compassion; turn not away from us!”

Second Kathisma

By the mere planting of Thy Cross, O Christ, the foundations of death were shaken. Hades did swallow Thee eagerly, but it disgorged Thee with trembling. Thou hast shown us Thy salvation, O Holy One; wherefore we glorify Thee, O Son of God. Have mercy upon us.

Polielely is sung

Troparia of the Resurrection / Evlogetaria are sung

The **Hypakoë**, **Anabathmoi** and the **Prokeimenon** with its accompanying stichos are all from the Octoechos, Tone 7

The 5th Eothinon Gospel is read from the Holy Table.

After the Gospel:

“Having beheld the Resurrection of Christ ...”

Psalm 50

Troparia following Psalm 50

The Intercession then follows.

The **Great Doxology** with the Troparion “Today is salvation come unto the world ...”

DIVINE LITURGY

TYPICAL PSALMS AND BEATITUDES

ENTRANCE HYMN

O come, let us worship and fall down before Christ. O Son of God, who art risen from the dead, save us who sing to Thee: Alleluia!

TROPARIA AND KONTAKIA

Tone 7	Troparion of the Resurrection	Green Book page 14
Tone 1	Troparion of the Holy Cross NB: We sing "... by the power of Thy Cross ..." as on the sheet.	White Book page 15
Tone 4	Troparion of Saint Euphemia	Sheet
Tone 2	Troparion of Saint Chad	Folder
Tone 7	Kontakion of the Resurrection	Green Book page 14
Tone 4	Kontakion of Saint Euphemia Glory ...	Sheet
Tone 2	Kontakion of Saint Chad Both now ...	Folder
Tone 4	Kontakion of the Holy Cross	White Book page 17

TRISAGION ("Holy God ...") as usual

PROKEIMENON Tone 7

Extol the Lord our God. * Worship at His footstool, for it is holy!
v: The Lord reigns; let the people tremble!

EPISTLE: Galatians 2:16-20

ALLELUIA

v: Remember Thy congregation, which Thou hast purchased of old.
v: God is our King before the ages: He hath wrought salvation in the midst of the earth.

GOSPEL: Mark 8:34-9:1

MEGALYNARION

Magnify, O my soul, the most precious Cross of the Lord! White Book page 23

COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest! The light of Thy countenance is marked upon us, O Lord. Alleluia, Alleluia, Alleluia!