

Kontakion - Holy Martyr Mamas

Tone 3

With the staff gi- ven thee by God,

O ho - ly one,

thou didst shepherd thy people in life- bear- ing pas - tures;

and thou didst crush the invisible and un- tamed wild beasts

beneath the feet of those who hymn thee.

For all who find themselves a- mid mis- for - tunes

have thee as their fervent in- ter- ces - sor, O Ma- mas.