

SUNDAY 11 SEPTEMBER 2016 • 12th Sunday after Pentecost

Sunday before the Exaltation of the Cross • Afterfeast of the Nativity of the Theotokos

MATINS

“**God is the Lord...**” with its stichoi in Tone 3 followed by the **Troparia**:

Tone 3	Troparion of the Resurrection Glory ...	Green Book page 6
Tone 3	Troparion of the Resurrection Both now ...	Green Book page 6
Tone 4	Troparion of the Nativity of the Theotokos	White Book page 2

The **Kathismata** from the Octoechos, Tone 3. The verses on “Both now ...” are for the Nativity of the Theotokos:

First Kathisma

Shout, O David, and declare, what oath did God swear to thee? And he answereth, “What He swore, behold, He hath also fulfilled, for He hath given the Virgin as the fruit of my loins. From her has been born Christ the new Adam and Fashioner, as it is written, to be King on my throne. And He whose reign is unshakeable reigneth today and forevermore. The barren woman beareth the Theotokos, the nourisher of our Life.”

Second Kathisma

Unto us is born today Mary, the child of God, as the branch from the root of Jesse, and as the fruit of David’s loins; and all creation is re-created and deified. O heaven and earth, rejoice in unison. Sing praises unto her, O all ye Gentile clans. Joachim exulteth, and Anna keepeth festival, crying out: “The barren woman beareth the Theotokos, the nourisher of our Life.”

Polieley is sung	Matins booklet page 33
The Evlogetaria are sung	Matins booklet page 35

The **Hypakoë**, **Anabathmoi** and the **Prokeimenon** with its accompanying stichos are all from the Octoechos, Tone 3.

The 1st Eothinon Gospel is read from the Holy Table.

After the Gospel:

“Having beheld the Resurrection of Christ ...”	Matins booklet page 44
Psalm 50	
Troparia following Psalm 50	Matins booklet page 46

The Intercession

The **Great Doxology** with the Troparion “Today is salvation come unto the world ...”

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DIVINE LITURGY

TYPICAL PSALMS AND BEATITUDES

ENTRANCE HYMN

O come, let us worship and fall down before Christ. O Son of God, who art risen from the dead, save us who sing to Thee: Alleluia!

TROPARIA AND KONTAKIA

Tone 3	Troparion of the Resurrection	Green Book page 6
Tone 4	Troparion of the Nativity of the Theotokos	White Book page 2
Tone 2	Troparion of Saint Chad	Folder
Tone 3	Kontakion of the Resurrection Glory ...	Green Book page 6
Tone 2	Kontakion of Saint Chad Both now ...	Folder
Tone 4	Kontakion of the Nativity of the Theotokos	White Book page 4

TRISAGION (“Holy God ...”) as usual.

PROKEIMENON Tone 6

O Lord, save Thy people, * and bless Thine inheritance!
v: To Thee, O Lord, will I call. O my God, be not silent to me!

PROKEIMENON Tone 3

My soul doth magnify the Lord * and my spirit hath rejoiced in God my Saviour.

EPISTLE: Galatians 6:11-18

ALLELUIA

v. I have exalted one chosen out of My people.
v: For My hand shall defend him, and My arm shall strengthen him.
v: Hearken, O daughter, and see, and incline thine ear!

GOSPEL: John 3:13-17

MEGALYNARION

Magnify, O my soul, the most glorious Nativity ... White Book page 8

COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest! I will take the cup of salvation and call on the name of the Lord. Alleluia, Alleluia, Alleluia.