

**SUNDAY 10 SEPTEMBER 2017 • 14<sup>th</sup> Sunday after Pentecost**  
**Sunday before the Exaltation of the Cross • Afterfeast of the Nativity of the Theotokos**  
**The Holy Martyrs Menodora, Metrodora and Nymphodora**

**MATINS**

“God is the Lord...” with its stichoi in Tone 5 followed by the **Troparia**:

<b>Tone 5</b>	Troparion of the Resurrection <b>Glory ...</b>	Green Book page 10
<b>Tone 5</b>	Troparion of the Resurrection <b>Both now ...</b>	Green Book page 10
<b>Tone 4</b>	Troparion of the Nativity of the Theotokos	White Book page 2

The **Kathismata** from the Octoechos, Tone 5. The verses on “Both now” are replaced by the following:

**First Kathisma**

Shout, O David, and declare what God hath sworn to thee. And he replies, “All that He swore to me he hath fulfilled; for He hath given the Virgin as the fruit of my loins. From her hath been born Christ, the new Adam and Creator, to be King upon my throne. And He whose reign is unshakable reigneth today and evermore, for the barren woman beareth the Theotokos, the nourisher of our Life.”

**Second Kathisma**

Unto us is born today Mary the child of God, as the branch from Jesse’s root, and as the fruit of David’s loins; and all creation is renewed and deified. Wherefore, rejoice together, O heaven and earth. Sing praises to her, O ye families of the Gentiles. For Joachim doth rejoice, and Anna keepeth festival, crying out: “The barren woman beareth the Theotokos, the nourisher of our Life.”

<b>Polieley</b> is sung	Matins booklet page 33
The <b>Evlogetaria</b> are sung	Matins booklet page 35

The **Hypakoë**, **Anabathmoi** and the **Prokeimenon** with its accompanying stichos are all from the Octoechos, Tone 5.

The 3<sup>rd</sup> Eothinon Gospel is read from the Holy Table.

**After the Gospel:**

“Having beheld the Resurrection of Christ ...”	Matins booklet page 44
Psalm 50	
Troparia following Psalm 50	Matins booklet page 46

The Intercession

The **Great Doxology** with the Troparion “Today is salvation come unto the world ...”

## **DIVINE LITURGY**

### **TYPICAL PSALMS AND BEATITUDES**

#### **ENTRANCE HYMN**

O come, let us worship and fall down before Christ. O Son of God, who art risen from the dead, save us who sing to Thee: Alleluia!

#### **TROPARIA AND KONTAKIA**

<b>Tone 5</b>	Troparion of the Resurrection	Green Book page 10
<b>Tone 4</b>	Troparion of the Nativity of the Theotokos	White Book page 2
<b>Tone 2</b>	Troparion of Saint Chad	Folder
<b>Tone 1</b>	Troparion of the Holy Martyrs	Sheet
<b>Tone 5</b>	Kontakion of the Resurrection	Green Book page 10
<b>Tone 2</b>	Kontakion of Saint Chad	Folder
<b>Tone 4</b>	<b>Glory ...</b> Kontakion of the Holy Martyrs	Sheet
<b>Tone 4</b>	<b>Both now ...</b> Kontakion of the Nativity of the Theotokos	White Book page 4

**TRISAGION** (“Holy God ...”) as usual

#### **PROKEIMENON** Tone 6

O Lord, save Thy people \* and bless Thine inheritance!

v: To Thee, O Lord, will I call. O my God, be not silent to me!

#### **PROKEIMENON** Tone 3

My soul doth magnify the Lord, \* and my spirit hath rejoiced in God my Saviour.

**EPISTLE:** Galatians 6:11-18

#### **ALLELUIA**

v. I have exalted one chosen out of My people.

v. For My hand shall defend him and My arm shall strengthen him.

v: Hearken, O daughter, and see, and incline thine ear!

**GOSPEL:** John 3:13-17

#### **MEGALYNARION**

Instead of “Meet it is in truth...”

White Book page 8

#### **COMMUNION HYMNS**

Praise the Lord from the heavens, praise Him in the highest! I will take the cup of salvation and call on the name of the Lord. Alleluia, Alleluia, Alleluia.