

**SUNDAY 15 MARCH 2015**  
**Third Sunday of Great Lent – Adoration of the Holy Cross**

**MATINS**

“**God is the Lord...**” in Tone 7 with its stichoi. Then the **Troparia**:

<b>Tone 7</b>	Troparion of the Resurrection	Green Book page 14
	<b>Glory ...</b>	
<b>Tone 1</b>	Troparion of the Holy Cross	Green Book page 30
	<b>Both now ...</b>	
<b>Tone 1</b>	Resurrectional Dismissal Theotokion	Sheet/Folder

The **First Kathisma** and **Second Kathisma** from the Octoechos, Tone 7.

Polielely is not sung. The Patriarchal Typicon indicates that the Evlogetaria are omitted.

**Third Kathisma of the Cross**

In Paradise of old the tree stripped us naked; for by giving me its fruit to eat, the enemy brought in death. But now the Tree of the Cross that clothes men with the garment of life has been planted upon the earth, and the whole world is filled with boundless joy. As we see it revered today, O peoples, let us in faith and with one accord raise our cry to God: Full of glory is Thy house, O Lord!

**Glory ... Both now ...**

(Repeat) In Paradise of old ...

The **Hypakoë**, **Anabathmoi** and the **Prokeimenon** with its accompanying stichos from the Octoechos, Tone 7.

The 7<sup>th</sup> Eothinon Gospel is chanted from the Holy Table. After the Gospel:

“Having beheld the Resurrection of Christ ...”

Psalm 50

Troparia following Psalm 50 from Matins booklet pages 144 – 148

The **Intercession**, followed by the **Great Doxology**

At the end of the Great Doxology, “Holy God ...” onwards is sung **very slowly**. The Holy Cross is brought in procession (preceded by the censer) through the North Door and around the Church as in the Great Entrance, while the choir sings “Holy God ...” etc. When the procession reaches the Ambon, the priest raises the Cross and says “Wisdom! Let us attend!”

The Troparion “O Lord save Thy people ...” (Green Book page 30) is sung three times while the priest places the Cross on the analogion and censes it from the four sides.

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The priest sings “Before Thy Cross we bow down in worship ...” (Green Book page 122) and makes two prostrations before the Holy Cross, kisses it, then makes a third prostration.

The choir repeats “Before Thy Cross we bow down in worship ...” twice more followed by the stikhera “Come, ye faithful ...” etc. (Lenten Triodion page 348ff) while all venerate the Holy Cross in the same way.

**DIVINE LITURGY OF SAINT BASIL THE GREAT**

We use the **Typical Psalms** and **Beatitudes** as usual.

**TROPARIA & KONTAKIA**

<b>Tone 7</b>	Troparion of the Resurrection	Green Book page 14
<b>Tone 1</b>	Troparion of the Holy Cross <b>Glory ...</b>	Green Book page 30
<b>Tone 7</b>	Kontakion of the Holy Cross <b>Both now ...</b>	Green Book page 30
<b>Tone 8</b>	“To thee the champion leader ...”	Sheet

Instead of the Trisagion: “Before Thy Cross ...” Green Book page 122

**PROKEIMENON** Tone 6

O Lord, save Thy people \* and bless Thine inheritance!

v: Unto Thee have I cried, O Lord my God: be not deaf to my prayer!

**EPISTLE:** Hebrews 4:14-5:6

**ALLELUIA** Tone 1

v: Remember Thy congregation, which Thou hast purchased of old!

v: God is our King before the ages; He has worked salvation in the midst of the earth!

**GOSPEL:** Mark 8:34-9:1

**MEGALYNARION**

“All of creation rejoices in Thee ...”

Green Book page 119 **OR** 120 **OR** Folder

**COMMUNION HYMN**

The light of Thy countenance is marked upon us, O Lord. Alleluia, Alleluia, Alleluia!

Instead of “We have seen the true Light ...” Troparion of the Holy Cross: Green Book page 30