

## SUNDAY 20 SEPTEMBER 2015

### Sunday after the Exaltation of the Cross – Great Martyr Eustathios and his family, Martyrs

#### MATINS

“**God is the Lord...**” in Tone 7 with its stichoi. Then the **Troparia**:

**Tone 7** Troparion of the Resurrection Green Book page 14

**Glory ...**

**Tone 4** Troparion of the Martyrs Sheet

**Both now ...**

**Tone 1** Troparion of the Holy Cross White Book page 15 (1)

NB: In this Parish, we sing “... by the **power** of Thy Cross ...” as on the sheet

The **Kathismata** from the Octoechos, Tone 7, with the verses on “Both now ...” for the Cross, as follows:

#### **First Kathisma**

We adore the wood of Thy Cross, O Lover of mankind; for Thou wast nailed thereon, O Life of all. O Saviour, Thou didst open paradise to the thief who approached Thee with faith. He was counted worthy of bliss, confessing Thee, “Remember me, O Lord.” Receive us, therefore, as Thou didst receive him, as we cry to Thee: “We have all sinned against Thy compassion; turn not away from us!”

#### **Second Kathisma**

By the mere planting of Thy Cross, O Christ, the foundations of death were shaken. Hades did swallow Thee eagerly, but it disgorged Thee with trembling. Thou hast shown us Thy salvation, O Holy One; wherefore we glorify Thee, O Son of God. Have mercy upon us.

**Polielely** is sung Matins booklet page 33

The **Evlogetaria** are sung Matins booklet page 35

The **Hypakoë**, **Anabathmoi** and the **Prokeimenon** with its accompanying stichos are all from the Octoechos Tone 7.

The 5<sup>th</sup> Eothinon Gospel is read from the Holy Table. After the Gospel:

“Having beheld the Resurrection of Christ ...” Matins booklet page 44

Psalm 50

Troparia following Psalm 50 Matins booklet page 46

The Intercession

The **Great Doxology** with the Troparion “Today is salvation come unto the world ...”

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### DIVINE LITURGY

#### FESTAL ANTIPHONS

White Book page 12ff

#### ENTRANCE HYMN

After the fourth singing of the Troparion and “Wisdom! Stand upright!” the Reader intones the Introit of the Little Entrance (White Book page 14) immediately followed by:

O come, let us worship and fall down before Christ. O Son of God, **who art risen from the dead**, save us who sing to thee: Alleluia!

#### TROPARIA & KONTAKIA

<b>Tone 7</b>	Troparion of the Resurrection	Green Book page 14
<b>Tone 1</b>	Troparion of the Holy Cross	White Book page 15
<b>Tone 4</b>	Troparion of the Martyrs	Sheet
<b>Tone 7</b>	Kontakion of the Resurrection <b>Glory ...</b>	Green Book page 14
<b>Tone 2</b>	Kontakion of the Holy Martyr Eustathios <b>Both now ...</b>	Sheet
<b>Tone 4</b>	Kontakion of the Holy Cross	White Book page 17

The **Trisagion** (“Holy God ...”) as usual.

#### PROKEIMENON Tone 7

Extol the Lord our God. \* Worship at His footstool, for it is holy!  
v: The Lord reigns; let the people tremble!

**EPISTLE:** Galatians 2:16-20

#### ALLELUIA

v: Remember Thy congregation, which Thou hast purchased of old.  
v: God is our King before the ages: He hath wrought salvation in the midst of the earth.

**GOSPEL:** Mark 8:34-9:1

#### MEGALYNARION

Magnify, O my soul, the most precious Cross of the Lord! White Book page 23

#### COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest! The light of Thy countenance is marked upon us, O Lord. Alleluia, Alleluia, Alleluia!

Instead of “We have seen the true Light ...” we sing the Troparion of the Holy Cross.