

**SUNDAY 14 SEPTEMBER 2014**  
**The Universal Exaltation of the Precious and Lifegiving Cross**

**MATINS**

“**God is the Lord...**” in Tone 1 with its stichoi. Then the **Troparia**:

**Tone 1** Troparion of the Holy Cross White Book page 15 (1)  
NB: In this Parish, we sing “... by the **power** of Thy Cross ...” as on the sheet

**Glory ...**

**Tone 1** Troparion of the Holy Cross White Book page 15

**Both now ...**

**Tone 1** Troparion of the Holy Cross White Book page 15

The first and second **sessional hymns** from the Festal Menaion, page 141f

**Polieley** is sung Matins booklet page 33

**Magnification**

Priest: We magnify, we magnify Thee, O Christ, the Giver of Life, and we venerate Thy precious Cross, whereby we have been saved from the bondage of the enemy.  
*Repeat ‘We magnify ...’*

Reader: O Lord, judge them that offend me; fight against them that fight against me.  
*We magnify ...*

Reader: Take hold of shield and buckler, and stand up for my help.  
*We magnify ...*

Reader: Glory ... Both now ... Alleluia, alleluia, alleluia, glory to Thee, O God (x3)  
*We magnify ...*

The Evlogetaria are **NOT** sung

The third **sessional hymn** from the Festal Menaion, page 142

The **Anabathmoi** are sung Sheet

The **Prokeimenon** with its accompanying stichos from the Festal Menaion, page 143

The **Gospel** is chanted from the Royal Doors. After the Gospel:

“Having beheld the Resurrection of Christ ...” Matins booklet page 44

**Psalm 50**. NB: There is no veneration of the Gospel Book.

The **Post-Gospel Stichera** of the Feast Sheet

The **Intercession**, followed by the **Great Doxology**

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**The Veneration of the Holy Cross**

At the end of the Great Doxology, “Holy God ...” onwards is sung **very slowly**. The Holy Cross is brought in procession (preceded by the censer) through the North Door and around the Church as in the Great Entrance while the choir sings “Holy God ...” etc. When the procession reaches the Ambon, the priest raises the Cross and says “Wisdom! Let us attend!”

The Troparion “O Lord save Thy people ...” is sung three times while the priest places the Cross on the analogion, censes it from the four sides, and makes three prostrations before it.

Priest: Have mercy on us, O God, according to Thy great mercy; we pray Thee, hearken and have mercy.

Reader: Lord, have mercy (one hundred times)

Priest: Again we pray for all pious and Orthodox Christians.

Reader: Lord, have mercy (one hundred times)

Priest: Again we pray for our Archbishop Gregorios and for all our brotherhood in Christ.

Reader: Lord, have mercy (one hundred times)

Priest: Again we pray for the souls of all Orthodox Christians, for their health and salvation, and the remission of their sins.

Reader: Lord, have mercy (one hundred times)

Priest: Again we pray for all who serve or have served in this holy church, for their health and salvation, and the remission of their sins.

Reader: Lord, have mercy (one hundred times)

The priest raises the Cross above his head and sings the Kontakion of the Feast (White Book page 17). He then sings “Before Thy Cross we bow down in worship ...” (White Book page 19) and makes two prostrations before the Cross, kisses it, then makes a third prostration.

The choir repeats “Before Thy Cross we bow down in worship ...” twice more followed by the **Stichera at the Veneration** (Sheet) while all venerate the Holy Cross in the same way.

The Divine Liturgy begins immediately after the Veneration.

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**DIVINE LITURGY**

We use the **Festal Antiphons**

White Book page 12ff

**ENTRANCE HYMN**

The Introit of the Little Entrance (White Book page 14) is intoned, immediately followed by:

O come, let us worship and fall down before Christ. O Son of God, **who wast crucified in the flesh**, save us who sing to thee: Alleluia!

**TROPARIA & KONTAKIA**

**Tone 1** Troparion of the Holy Cross

White Book page 15

NB: In this Parish, we sing "... by the **power** of Thy Cross ..." as on the sheet

*The Troparion is sung is sung three times*

**Glory ... Both now ...**

**Tone 4** Kontakion of the Feast

White Book page 17

Instead of the Trisagion, we sing "Before Thy Cross ..." (White Book page 19)
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**PROKEIMENON** Tone 7

Extol the Lord our God. \* Worship at His footstool, for it is holy!

v: The Lord reigns; let the peoples tremble!

**EPISTLE:** 1 Corinthians 1:18-24

**ALLELUIA**

v: Remember Thy congregation, which Thou hast purchased of old!

v: God is our King before the ages; He has worked salvation in the midst of the earth!

**GOSPEL:** John 19:6-11, 13-20, 25-28, 30-35

**MEGALYNARION**

Magnify, O my soul, the most precious Cross of the Lord!

White Book page 23

**COMMUNION HYMN**

The light of Thy countenance is marked upon us, O Lord. Alleluia, Alleluia, Alleluia!

Instead of "We have seen the true Light ..." we sing the Troparion of the Holy Cross (White Book page 15)
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