

**January 2-5: The Forefeast of Theophany**  
**Kontakion, Tone 4**

In the running waters of Jor-dan to-day the Lord cried to John:

Be not afraid to bap-tize Me, for I have come to save

A-dam, the first fash-ioned man.

English text from "The Divine Liturgy for Choir and Laity", R-monk Laurence,  
Holy Trinity Monastery, Jordanville, NY. 1992